



Newsletter

Fall 2024

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Update from the Board

Letter from the Board President



Dear All,

Welcome to Fall at the WBCP! The relative quiet of summer when programs and committees take breaks to allow for vacations and recharging, is now a distant memory.

Late Spring the Board sponsored an in-person gathering for the faculty, something which had not occurred since pre-pandemic days. The excitement and gratitude of those who were able to attend were palpable and the consensus was we want more occasions like this soon. Then, in June we marked the completion of our academic year by gathering for our annual Graduation and Awards

Ceremony at the lovely setting of Hogan Lovells. We fêted our graduating PSP2 cohorts, our graduating psychoanalytic candidate, and our first class of graduates in our Observational Studies Program (OSP). We honored our Long and Distinguished Career awardees and our Contribution to the Mission awardee, as well as Teachers of the Year awardees. In addition, we thanked and said goodbye to our treasurer, Cary Gold, who stewarded us for 10 years, and welcomed our new treasurer, Christina Keitts, and two new community Board members, Ashley Bianchi and Jo Linda Johnson. It was wonderful to see so many of you and to celebrate together. Please enjoy some photos from this event taken by our very own, talented, Kathleen Oristian.

Despite our valiant efforts to carry on the business of the Institute and our Programs by Zoom (which we really did quite successfully), the pandemic denied us occasions to see everyone in person, to catch a smile from across the room, or a hug from a member we haven't seen in a while. As Nydia Pieczanski so aptly

Fred Pisoni, Newsletter Editor
Joe Chirico, Executive Director
Brittany Smith, Communications Administrator

Send any newsletter comments or suggestions to
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explicates something is lost when we cannot “smell the baby in the room”. The Executive Committee of the Board has been quietly, but steadfastly, fostering in-person meetings and connections over the last couple of years. As a Board we hope to sponsor many more in-person gatherings.

During the summer much work continued behind the scenes. The Institute accepted a new PSP1 cohort (see their photos and brief bios in this Newsletter), and accepted candidates into our 2nd and 3rd year classes. Our OSP accepted a new class of students for the fall (also see their photos and brief bios) and our Community Psychoanalysis Certificate Program accepted a full cohort for their inaugural class (see the article of the launching of this program in the Newsletter and brief bios of the students). Welcome to everyone! We are so glad to have you join us at WBCP. And welcome to our new members, too!

To the individual chairs and committees who continued their work over the summer and to our administration, we thank you! Your tireless work makes it possible to start up all the classes and outward facing programs in September. We could not do this without you!

In September, the Board sponsored an in-person welcoming party for our new and returning students. It felt like a marvelous way to gather, to meet each other, or reconnect before the start of classes and programs which are now in full swing.

Also in September, the Board met and unanimously repledged our commitment to DEIA work (Diversity Equity Inclusion and Accessibility) within the Center. We believe that our work has just begun and that we have so much more to do. Last spring I wrote a history of DEIA efforts in the Center and in a separate document emailed to our members, our Vice Presidents, Karol Kullberg and Terri Judge, and I wrote about the various initiatives within the Center. Some of these we carried forth from past Boards, and some we developed ourselves, stemming from our

DEIA consultations, and others grew out of the work of various programs and committees within the Center that were committed to changing our culture within the Center. These efforts are ongoing and continue to need our focus.

Despite pushback and efforts to halt such work throughout the country, e.g., in the courts and in business, we at WBCP recognize the need to press forward with this nascent work. As one Board member stated “...over the last several years, we have come to recognize how much “whiteness” and gender stereotypes, heteronormative culture, ableism, classism, etc. is baked into our wider professional world. To say that we have work to do is not to single ourselves out for criticism. If the larger society were more attuned to making the changes that would bring greater equity into our culture, then we, as an organization, might have less work to do”.

Misattunements, microaggressions, and ruptures will inevitably occur. We are all human and fallible and have an unconscious. We want to call people in, not call them out, so that we, as an organization, can engage in the work of rupture and repair and continue the long term goal of overall systemic change. We believe that is beginning to occur at WBCP, but we need others to help us see what we cannot see, and for each of us to approach these issues with curiosity, humility, and respect. Together, I know we can do this work.

I want to call attention to some DEIA Scientific meetings scheduled for this year. In October we held our first in-person conference with David Eng on, “Racial Rage, Racial Guilt: The Uses of Anger in Asian America” and by Zoom we had Sam Guzzardi on “Holding Laplanche Lightly: The Study of Two Queer Treatments”. Both events were impressive. Anton Hart will return in-person to the Center in February to help us focus on “Impasses”, and in May we are discussing a possible conference at WBCP with Beverly Stoute in conjunction with her Grand Rounds talk at the

GWU Department of Psychiatry. In addition, we have our COWAP series. Other Scientific meetings include our Ethics Conference, and our members-only Colloquium.

A very special project highlighting the need for on-going DEIA efforts in the Center is the Black Psychoanalysts History Project, a multiyear in-depth study and documentation of the experiences of Black candidates who trained within and graduated from the Center (at the Baltimore Washington, the Washington, and the Center once it merged). As part of this project 3 videos have already been completed using semi-structured interviews with Black analysts in practice and their experiences with us. As I write this article it has not yet been decided how these videos will be made accessible to members, but this is a work in progress. In addition, 3 more videos will be made this year. It is an incredible, important, and revealing project, which aligns with our DEIA consultations in the Center and the recommendations and findings of the Holmes Commission on Racial

Equality in American Psychoanalysis. I know you will be deeply moved when you see the videos and hear more about their work.

As always, please feel free to reach out to me. I welcome your questions, comments, concerns, and suggestions for work we should be doing and/or other ideas and suggestions to continue the movement towards increasing the number of in-person gatherings, recognizing that we have become a hybrid world. If you wish to volunteer in the Center, we would be very happy to have you join us, no matter how small or large a project it might be. As a Center, we strive for excellence, and I believe we hit our mark often. When we miss, we need to hear about it. We also need to hear what we do well. We need and welcome your help and involvement in our vibrant community.

Thank you.

Yvonne De Cuir,
President, WBCP



On June 15, 2024, the vibrant atmosphere at Hogan Lovells was filled with excitement as we gathered for the Annual Graduation and Awards Ceremony to celebrate the achievements of our PSP, Candidate, and Observational Studies graduates.



2024 Graduation and Awards Ceremony Photos



A special moment came when we honored Judith Chused, MD, and Barry Landau, MD, with the Long and Distinguished Service Awards for their exceptional contributions to the field. We also celebrated Ernest Wallwork, PhD, who received the Contribution to the Mission Award, acknowledging his significant impact on our community.



[Click Here To View the Full Photo Album](#)



The Poor Can Afford To Have An Unconscious

Community Psychoanalysis Certificate Program

This quote by Patrica Gherovici is from the documentary entitled, “Psychoanalysis in the El Barrio”. The video does a beautiful job highlighting the biases and challenges in community work and clips were presented and discussed in the first class of the Community Psychoanalysis Certificate Program held on Friday, September 20th. We also focused on the history of community psychoanalysis and the state of the field today. This is the first of 17 classes offered on the first and third Friday of every month through May 2025, with a subsequent second year. Our classes consist of both didactic presentations and clinical presentations, with the requirement that each student is concomitantly involved in a community setting.

We are very excited to have 19 local, national and international participants in the program (their bios are included in this newsletter) who bring a rich diversity of community experiences and a shared commitment to social justice. This year many of the participants come with their own community placements and for those who do not, community placements in local organizations or virtual collaborations with national and international NGOs are provided through the program. Click here to see a list of the community placements: <https://wbcp.memberclicks.net/cpcp-community-placements>. Clinical presentations consist of the participants’ experiences in their placement, with a focus on the experiences and demands of community work, and then processed by the group, utilizing a Balint style approach. Utilizing this approach also provides a “skill set” for our participants to take with them and apply in any community setting.

Our faculty mirrors our participants with local, national and international representation, including members of our own Center-Sharon Alperovitz, Liz Hersh and Joel Kanter. Each faculty member will be presenting their own work in the community, introducing students to various reflective practice approaches, with an emphasis on their group work. As you know, most psychoanalytic education is focused on working with individuals in a private practice setting but we feel learning how to apply

psychoanalytic principles in a group setting—that is, working with and supporting those who provide the care-is essential in community work, which is why we have such a strong focus on it in our program.

To learn more about our faculty and their community work, you can access the syllabus by clicking here: <https://wbcp.memberclicks.net/cpcp>. There is a modest tuition cost for the participants, all of whom received a scholarship. Faculty also receive a stipend. We are very grateful for the Ernest and Rose Samuels Foundation for its support and for the support that the staff has provided in building this new program. We could not have made this program happen without them.

Joy Kasset, PhD
Deborah Feldheim, MD

Co-Chairs, Community Psychoanalysis Certificate Program

Candidate's Paper Recognized by APsaA

Candidate's Article Recognized by APsaA's Candidates' Council Paper Prize.

Jamie Steele, a licensed marriage and family therapist and third year candidate at WBCP, was recently recognized as this year's semi-finalist (second place) in the American Psychoanalytic Association's Lee Jaffe Candidates' Council Paper Prize. Her paper is titled "Consciousness Raising: Social Justice as Psychoanalysis, Psychoanalysis as Social Justice." We asked Jamie to write a bit about her paper.

As an undergraduate student at Georgia Southern University in the early 2000's, I had the privilege to become immersed in a variety of organizations, departments, and programs built on theories and practices of justice. In particular, my involvement with the women and gender studies program was rooted in notions of intersectional understandings of systemic oppression. These experiences were educational in a broader sense of classrooms and lectures and readings, but they were also deeply personal and pushed us to explore the edges of our own experiences in a world rife with pain and hardship and joy and love. These were my roots before I ever had an inkling of what would become my passion for reducing suffering through sitting with patients and curiosity about the human mind.

Through the process of psychoanalytic training, I have struggled with the difficulty in the field of bridging the gaps between psychoanalytic understandings of the human mind and the impacts of oppression and injustice. It was from my own striving to make sense of this gap that I turned back to my own earlier process of "becoming aware" of the social and how it fit within me and I, in turn, in it. I began to think about my own experiences in consciousness raising groups as ways that I myself began to become conscious of my own whiteness, of the act of naming experiences of misogyny that left me feeling rage and despair I thought had been my own, of colluding with systems of power or avoiding

confrontation to avoid "making a scene" or becoming "too emotional." It occurred to me that these experiences were, in fact, deeply psychoanalytic processes.

Consciousness raising was a communal practice developed in small groups by the Redstockings, a feminist organization active in the women's rights movement of the 1960s and 1970s, and focused on women sitting together and sharing their experiences. Through this sharing, unconscious and unformulated patterns surfaced, allowing participants to recognize and articulate their experiences of patriarchy which had previously been unrecognized. These groups made space for both the emergence and processing of these insights.

Thus the idea for this paper was born. How might consciousness raising be theorized as a psychoanalytic process? How might psychoanalytic practice take the insights of this practice into its own process of making sense of the relationship between the intrapsychic and the social, to understand how subjects make meaning of their own minds and organize themselves around social phenomena? After making this argument, I took up the case of my non-binary patient to explore what was happening for both of us to lead to a particular clinical moment.

I presented an early draft of this paper at the 2024 colloquium, and have been incredibly grateful for the kind and generous response I have received from this community. That encouragement led me to submit the paper for the candidate's paper prize. I am currently working on revising the paper to submit for publication and will share with the center when it is out.

Jamie Steele, LMFT

Personal Essay: My Writing Journey

In graduate school, I learned psychological theories, biological processes, neuroscience, clinical practice, and statistics. My graduate program required eighteen credits in statistics, I found fascination with the subject and understanding of the theory and techniques of it. My graduate program, however, did not offer courses in writing for psychology journals or psychological testing reports. I wrote to be clear, accurate and concise. I never felt accomplished as a writer. A colleague of mine had graduated from New Directions and recommended it with superlatives. Over several years, she urged me to join the Program. I was interested but I explained that I did not have time and I hated writing. I relented. After three years, nine conferences, and with the benefit of optional preconference workshops, weeklong summer, and winter retreats, I came to enjoy writing. To my surprise, I discovered in writing a creative outlet for my thoughts and observations.

Unique in its design, New Directions combines presentations on writing skills with continuing education in contemporary psychoanalytic theory. Guest faculty are experts in best practices, advances, and developments in the field. Conference programs concentrate on theory with clinical examples presented by expert faculty. In most conference weekends, planners also include as faculty, writers who discuss their writing process regarding the conference subject matter. Writing workshops are held one half day. Students may choose workshops on a subject such as writing poetry, memoir, fiction, nonfiction.

Students in the program primarily range in age from their thirties to eighties. Some are published authors and others novices. Career professional writers also join the program as students to add to their writing skills, and to learn about psychoanalysis and psychotherapy. Students travel from many

parts of the United States and some from Europe. Guest faculty are writers who have achieved authorial recognition. Graduates from the program can and do continue in New Directions by joining alumni groups.

Students, alumni, teachers, and guest faculty form a community brought together by a fondness for writing, interest in psychoanalytic theory and practice, gaining knowledge and discovering more about themselves and each other.

In my first New Directions weekend, the writer in my group after reading my essay, told me that I wrote like a poet. I thought she exaggerated or was being kind. She gave me, though, unexpected encouragement. Through a series of unanticipated happenings, I, by default, enrolled a poetry workshop taught by a poet who had attracted ninety people to it. Then I enrolled in one poetry workshop after another. My poetry publications are few but what a joy to see my name as the author of a poem. The editor of the Journal of the American Academy of Psychotherapists, Voices, accepted an essay which received positive commentary.

If you want to become a better writer, even if you have little time, even if you hate writing consider New Directions. I advise you to not hesitate.

You may learn more about New Directions at the website: newdirectionsinwriting.com/program

John Gualtieri, Ph.D.
Licensed Clinical Psychologist (Virginia)

New Directions Poem

On Cu(rious)cumbers

by Margaret Kelly

New Directions Participant

I've found that my anticipated desire for pickles outpaces my actual desire for pickles. So, the pickles keep piling up. Jars and jars of shifting sizes, shifting shades of green. Rippled, bread and butter pickles; bloated, warted, dill pickles; pickle spears, slices. Once, a purple pickle. My pantry is a pickle palace. Lazy Saturday afternoons, listing around the grocery store in moccasins, I drift down the pickle aisle—baffled every time that the pickles have an aisle—and pause, with tidal reliability, before a new jar each week.

It's as if I say to myself, reaching for that glinty jar of pickled promise – finally, I've arrived. I'm found. These are precisely the pickles, precisely the body, precisely the right vintage of brine, that will fill things back up to the brim, that will balance the lop-sided again.

Meet Our Students

CPCP Students

No Photo Available

David Brooks, PhD, PsyD, is a Supervising and Training Analyst and President, Chicago Psychoanalytic Institute (CPI). He is currently working to organize Chicago's community-based initiatives into a coherent Community Psychoanalysis Program within their Institute. CPI has developed both direct services and training at many different sites, working with underserved populations in Chicago.



Anthony Carr is a native of the DMV. Anthony graduated from the University of Maryland, College Park in Psychology, and was workshop coordinator and training director at the HELP Center, a peer-run crisis hotline on campus. After graduation, he went to seminary and earned Divinity and Youth Ministry degrees. After working in church ministries and later as a Navy Chaplain serving in the war on terror, Anthony earned a degree in Clinical Mental Health Counseling at Loyola University Maryland and is a doctoral candidate at the University of South Carolina. Anthony was a Psychoanalytic Fellow in 2020 and is in private practice in Laurel Maryland. Anthony has served community boards, ranging from community action councils, housing boards, and community policing, and in 1999 won a community educator award for Washington County, he also won police chaplain of the year for Anne Arundel County for 2003. Anthony is committed to bringing psychoanalytic counseling to communities usually not served by analysis.



William Cohen, MD is a child and adolescent psychiatrist practicing at the Medstar Georgetown University Hospital, Department of Psychiatry in Washington, DC and has graduated this Spring from the PSP program. While he works with patients of all ages, his current practice focuses on late adolescence and emerging adulthood. He has extensive experience in hospital and emergency psychiatry. He completed a fellowship in child and adolescent psychiatry at Georgetown University and a general psychiatry residency at Einstein Healthcare Network in Philadelphia, where he also participated in a fellowship at the Philadelphia Center of Psychoanalysis. He earned his M.D. from Jefferson Medical College in Philadelphia. Prior to medical school, he worked with adolescents as a wilderness therapy field instructor in Utah. He holds a B.A. in philosophy from Wesleyan University. He currently lives with his family in Mt. Pleasant, Washington, DC.



Mike Browne, LICSW, is a clinical social worker practicing in the District of Columbia, focusing on mental health services for homeless adults. He is a native of Erie, Pennsylvania and has lived in the DC area for thirteen years; he is a graduate of University of Maryland's School of Social Work, and had received his bachelors in Sociology from Indiana University of Pennsylvania. He is currently a clinical coordinator at So Others Might Eat, where he focuses on complex cases; previously he had worked as community-based discharge coordinator supporting patients in crisis at local psychiatric hospital units. His professional interests include psychosis, sex and gender (with an emphasis on men and masculinity), ADHD, and community work. In his spare time he enjoys researching and learning about whatever catches his attention, spending time with his family, reading, and writing.



Kaitlin Carrig, LSW, is a clinician and co-director of the Treatment Center at the Chicago Psychoanalytic Institute. She completed her Bachelor of Science in Elementary Education at the University of Michigan and taught for ten years in Seattle, WA and Shenzhen, China before attending the Erikson Institute to complete her Master of Social Work. Coming from an education background, Kaitlin is passionate about bringing services into the community and helps coordinate the Treatment Center's partnerships with schools across Chicago. She is thrilled to start the Community Psychoanalysis Certificate Program to collaborate with peers and deepen her understanding of community work.

CPCP Students



Dominique Davis is a Licensed Professional Counselor who earned her M. Ed from DePaul University. She currently works for Mercy Housing as the Operations and Innovation Regional Director within the Resident Services Department. She is excited to learn more about Psychoanalysis and the impact that it has within the community setting.



Brenda Gonzalez Solorzano, PsyD, FIPA, is a Supervising and Training Psychoanalyst for the Guadalajara Psychoanalytic Association (APG), where she also serves as Faculty. She is a Member of the International Psychoanalytic Association (IPA) and a Dual Member of the New Center for Psychoanalysis (NCP) in Los Angeles, who has been treating adults, couples and groups in private practice and in different community settings since 2012. She is also a Member of the IPA's Psychoanalytic Assistance in Crises and Emergencies (PACE) Committee.

In Brenda's efforts to bring psychoanalysis out of the consulting rooms and institutes, she implemented Freud's Bar. An IPA outreach initiative that focuses on disseminating psychoanalytic thinking among society, through offering free, open-to-all informal talks of general interest from a psychodynamic perspective. A powerful and fertile project she coordinated for almost 10 consecutive years in Guadalajara, and that she has now launched at NCP, after recently relocating to the LA area.

Additionally, she has honed in her interest on perinatal mental health by joining multidisciplinary teams of professionals with OB/GYNs, midwives, doulas and lactation consultants, to share a psychoanalytic understanding of the emotional and relational aspects that are commonly at play during the perinatal and early infancy stages.

No Photo Available

Joan Laser, J.D., M.A., was educated to be a clinical psychologist, but she changed direction when she became active in the civil rights and women's movements of the late 60's and 70's and went to law school. She then spent most of her career as an Assistant United States Attorney in charge of civil rights enforcement for the Northern District of Illinois. In that role, she successfully sued cities, banks, and realtors for discriminating against Blacks and Latinos, and the Cook County Jail, one of the nation's largest single-site jails, for unconstitutional treatment of inmates through excessive use of force, unsanitary living conditions and inadequate medical and mental health care. She also sued an Illinois city which refused to permit a group home for the mentally ill. When she retired, she volunteered for five years in a second-grade classroom on the South Side of Chicago. As a Board member of the Chicago Psychoanalytic Institute, she is on the newly formed Community Engagement Committee. She is committed to helping in whatever way she can to bring the best of psychoanalytic thinking to those without the resources they need to thrive in an oppressive and complex society.



Alyssa Masline, LSW, is currently a psychotherapy clinical fellow at the Chicago Psychoanalytic Institute. She works with adults, children, and adolescents, and has a special interest in child grief and community psychoanalytic psychotherapy. She is a graduate of Erikson Institute's Master of Social Work program with an emphasis in Youth, Family, and Community. Alyssa was born and raised in Ohio and completed her bachelor's degree in psychology from the University of Cincinnati. Alyssa currently lives in Chicago with her fiancé and two cats. In her spare time she is planning her May of 2025 wedding and enjoys traveling, spending time with friends and family and rest and relaxation.



Dr Antonios Poulios is a clinical psychologist MSc, PhD and a psychoanalyst. He works in private in Athens, Greece, and he is also adjunct professor in the Department of Psychology, University of Crete, Greece. Additionally, he is consultant to AIDS Action Europe on issues related to harm reduction and chemsex involvement, scientific associate of the Greek Association of People Living with HIV "Positive Voice" and member of the training and scientific committees of Orlando LGBT+ "Mental Health without Stigma". He has been in collaboration with health services and NGOs offering coordination, consultation or supervision on projects associated with the LGBTQIA+ community, sex work, chemsex, sexual health, social injustice and discrimination, community clinical psychology and community psychoanalysis. His scientific and clinical interests focus to a great extent on gender, sexuality, community oriented psychoanalysis as well as the dialogue between psychoanalysis and queer, social and political theory. In 2022, he was co-winner of the Symonds Prize by the journal *Studies in Gender and Sexuality* for his outstanding contribution in the intersectional approach of sexuality from psychoanalytic and cultural perspective.

CPCP Students

No Photo Available

Candace Ricks LGSW, LMSW, is a licensed clinical social worker, currently working at Mary's Center in Washington, DC, as a school based therapist. The idea of applying psychodynamic principles within community settings, schools, support groups, even neighborhood centers has become an exciting prospect, with a particular interest in race, identity, power, and the strength of our relationships.



Christine Rio Bistis-Nadala, MD, PhD, MPM, is a psychiatrist and graduate of psychoanalytic training. She is a faculty member at the Greater Kansas City Psychoanalytic Institute and supports community mental health programs in Western Visayas, Philippines. With over a decade of experience, she integrates psychiatry, public health, and psychoanalysis to provide holistic mental health care.

Dr. Bistis-Nadala holds a PhD in Educational Management and a Master's in Public Management specializing in Health Systems and Development. She was named the Most Innovative Doctor to the Barrios in the Philippines in 2013 and received the West Visayas State University Presidential Award in 2018. She has Harvard certifications in Global Mental Health and Effective Writing for Healthcare.

She has presented her work in the Philippines, Vietnam, Thailand, the United States, and will present in Dubai, including at associations such as the American Psychoanalytic Association and the Philippine Psychiatric Association. Dr. Bistis-Nadala has published articles on caregiving, Filipino values, and rape-related pregnancies, which inspired her plan to integrate culturally sensitive group therapy interventions in shelters in the future. Currently based in Lincoln, Nebraska, she frequently returns to the Philippines to monitor mental health initiatives.



Alanna Sereboff, AM, is a proud Baltimorean currently residing in Chicago. She received her Master's in Social Work from the University of Chicago in May 2024 and is now a Community Psychotherapy Fellow at the Chicago Psychoanalytic Institute. In this role, she provides one-on-one counseling at a primary school, conducts intakes for the Institute's Treatment Center, and sees clients of all ages through the Treatment Center. Alanna deeply values the way in which being a therapist allows her to accompany people through their healing journeys. Connection and community are at the heart of Alanna's work, and she is grateful for the opportunity to learn from and alongside her peers in the CPC program.



Phill Sheldon is a psychotherapist in the Woodberry neighborhood of Baltimore. He has practiced in Baltimore since 2015. He works with individuals and couples navigating the varied ambiguities or marriage, family planning, extramarital affairs, and separation. He received his Masters Degree at the University of Pennsylvania and has a Bachelors from Johns Hopkins University. Before starting his private practice he managed a medical respite program at Baltimore's biggest homeless shelter and investigated elder abuse and neglect in Philadelphia.

No Photo Available

Yesha Shukla, MSW received an A.M. from the University of Chicago in Social Work, Social Policy and Social Administration. She is currently in private practice conducting in-depth therapy and is also a clinician at the Chicago Psychoanalytic Institute where she works with under-resourced communities in Chicago. In the past, she has worked in other community-based organizations including Chicago Commons Association, The Family Hub (for parents); Crisis Center of Tampa Bay (sexual assault victim advocate).



Dr. Matthew Siblo, is a psychotherapist practicing in the Dupont neighborhood of Washington, DC specializing in relationship counseling, career and life transitions, and mood disorders. He received his Doctorate in Counselor Education and Supervision at The George Washington University and also holds a Bachelor of Arts in psychology from Villanova University and Master of Education in psychological counseling from Teachers College at Columbia University. Dr. Siblo is a licensed professional counselor (LPC) in the District of Columbia and a graduate of the Couples Therapy Training Program at the Institute of Contemporary Psychotherapy and Psychoanalysis (ICP+P) and the Supervision Training Program at the Washington School of Psychiatry. Outside of his private practice, he has acted as adjunct counseling faculty to numerous local universities, including The George Washington University, Argosy University, and Hood College.

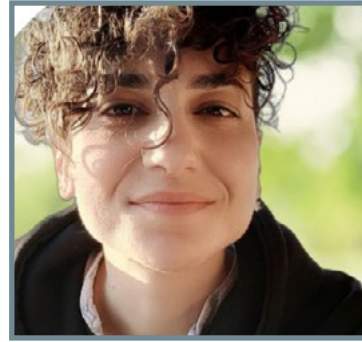
CPCP Students



Mattie Smith, LCSW is a social worker in private psychotherapy practice, located in Tucson, Arizona. Mattie received her MSW from Smith College in 2019. She works with individuals and couples and is passionate about utilizing the insights of psychoanalytic theory to understand and attend to the operations of power; for the empowerment of individuals to work towards social transformation and collective liberation, both inside and outside of the consulting room. Alongside clinical practice, Mattie enjoys creating electronic music, exploring the city by foot, and rooting for the local women's basketball team

No Photo Available

Konstantinos Taliouridis, PhD, PsyD, MBA, is a licensed clinical psychologist and certified psychoanalytic psychotherapist with over 25 years of experience. He holds two doctoral degrees: a Ph.D. in Psychoanalysis and Clinical Psychopathology, and a Psy.D. in Clinical Psychology, specializing in Child and Adolescent Psychology. His academic background includes advanced graduate studies and multiple master's degrees from esteemed institutions in the U.S. and Europe. Currently a Candidate at the Chicago Psychoanalytic Institute, Dr. Taliouridis offers a range of services in his private practice, including individual therapy for various age groups, family therapy, psychoanalysis, and organizational consultation. He supervises aspiring psychotherapists and teaches seminars for the China-American Psychoanalytic Alliance (CAPA). His previous roles include Chief Psychologist and Senior Research/Clinical Fellow at hospitals affiliated with Harvard Medical School. He holds leadership positions in several organizations, including Vice President of the International Psychoanalytic Studies Organization (IPSO) for North America and President-Elect of the Candidates Council for the American Psychoanalytic Association (APsA). Dr. Taliouridis is dedicated to supporting refugees in the EU and the U.S., providing psychoanalytic psychotherapy and consultations. His research interests encompass immigration psychology, trauma, and culturally informed psychoanalysis. He is fluent in English, French, and Greek, with conversational skills in Spanish and Italian.



Stavroula Triantafyllidou, MA, MSc, is a psychologist working in community settings with populations in precarious health and social conditions, including sex workers, migrants, refugees, LGBTQ+ individuals, people living with HIV, and individuals experiencing homelessness, or problematic substance use. Stavroula is currently the Coordinator of the Sex Work Sector at the StreetWork Project, an outreach initiative that supports marginalized populations by offering direct assistance and connecting people to essential social and healthcare services. She is also actively involved in Red Umbrella Athens, a day center dedicated to sex worker empowerment and psychosocial support. Her work involves direct counseling, mental health assessment and interventions, referrals and collaboration with national human rights organizations. Her research activities on harm reduction, stigma, discrimination, sexual, physical, and mental health of marginalized groups aim to contribute to evidence-based practices and policy changes. Her most recent work focuses on non-consensual condom removal (stealthling), chemsex, and the barriers marginalized communities face in accessing care and support. She earned a Bachelor's degree in Psychology from Panteion University in Athens and holds two Master's degrees, one in Social Psychology of Conflict from Panteion University and another in Conflict Resolution & Communication from the National and Kapodistrian University of Athens.

OSP Students



Meredith Melvin Adelfio, M.S. Ed., has been an elementary school educator for the past 30 years, teaching in grades first through fourth. She is committed to nurturing curiosity and creativity in the students she teaches. She has a special interest and expertise in how children make sense of mathematics and has spent years honing her skills listening to students explain their mathematical thinking. This has confirmed her belief that children grow into the intellectual world around them and the importance of honoring their thinking cannot be overstated. One of the primary reasons she has joined the Observational Studies program is because she wants to sharpen her skills as a listener and observer. When not teaching, Merry can be found walking in the woods with her dog (without earbuds!) or cooking for her family. Cooking is one of her creative outlets and she is an avid reader of poetry and novels. Merry has five grandchildren, three of whom live with her, filling her with gratitude.

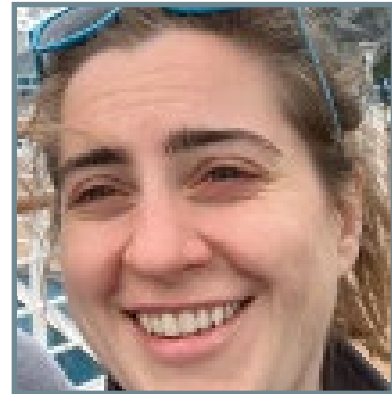
OSP Students



Kathryn Cook-Deegan (MA, MPA, Diplomate/Zurich) is an Analytical Psychologist/ Jungian Analyst and Licensed Psychoanalyst in private practice with adults in Dupont Circle in Washington, DC. She has advanced degrees in Classics and Public Administration. She trained in Zurich for 8 years and did an internship with the now defunct Tamar's Children in Baltimore – a program for pregnant incarcerated inmates remanded into a long-term living situation during trimesters. She represented the Jungian Analysts of Washington Association on the Board of the Consortium for Psychoanalytic Research, Inc. and subsequently served as its president. Additionally, she served as the co-president of the Jungian International Training Zurich foundation, organizing retreats in Santa Fe, keynoted by Zurich analysts. At the Jung Society of Washington, she co-created a year-long course on the Celtic Quarter Days – with Irish colleague, Elaine King – as well as other topics. Her specialties are dream interpretation, myth and metaphor. She's also a professional member of the Yoga Alliance and is learning to play the gong. She's delighted to be in the WBCP Infant Observational Studies program.



Madeline Lodeiro, MD is an outpatient psychiatrist in the DMV. She earned her Bachelors in Psychology at UT Knoxville in 2015, her MD from Ross University School of Medicine in 2019, and completed her Psychiatry Residency Training at Saint Elizabeths Hospital in Washington, DC in June 2024. Her passion for utilizing psychotherapy as a primary agent of healing in her work fueled her involvement in advanced training to hone her craft. She completed two psychoanalytic fellowships at WBCP while providing individual, family, and later group therapy to her patients during her residency training and started an outpatient co-led psychotherapy group at the 35K Resident's Clinic. She now works as an outpatient psychiatrist in Arlington, VA where she provides comprehensive mental health care utilizing psychotherapy, medication management, and interventional treatments, tailored according to each patient's specific needs. She plans to continue advancement of her psychotherapy training at WBCP, currently a student of the Observational Studies Program, with hopes to ultimately undergo psychodynamic and psychoanalytic training. She aspires to open a private practice providing medication management and specializing in individual, group, family, and couples' therapy.



Nora Schauble LICSW, LCSW-C is social worker and psychotherapist currently working as a contract therapist with kids, teens, and adults at Creative Ways Therapy in Shepard Park, DC. Nora completed her MSW at the Catholic University of America in 2019. Nora also completed the Clinical Program on Psychotherapy Practice in the Washington School of Psychiatry in 2022. Nora was born in Boston and moved to the Milwaukee area as a child. She has been in the DC area for most of the last 17 years after coming to DC for her undergraduate degree and first career in international development. Starting during the COVID lockdown, Nora has enjoyed day hikes in various locations around the DMV.

PSP Students

Nina Axiotakis, MD

No Photo Available
No Bio Available



Martha Young Freedberg, BA, MFA, has worked as a Writer/Editor and Writing Coach and holds a certificate from the Radcliffe Publishing Course. She's the recipient of four Individual Artist Grants from the Washington D.C. Commission on the Arts & Humanities. Her poetry has won awards from the Bellevue Literary Review, the Martha's Vineyard Institute of Creative Writing, the Larry Neal Writing Awards, and she was a finalist for the Crosswinds Poetry Award. Her poetry has been featured in Poetry Daily, Crosswinds, and The Bellevue Review, among others. Martha's interest in psychoanalysis developed through her participation in the New Directions Psychoanalytic Writing program and the Philadelphia Jungian Seminar.



Shea Henly, LICSW, LCSW-C Shea is a psychotherapist and clinical supervisor working with teenagers and adults in Adams Morgan, providing long-term psychotherapy. She has a background in grants and project management, mental health services, and social work advocacy; her work has centered on folks experiencing homelessness, Veterans, the uninsured/underinsured, and people involved in the child welfare system. Shea's current focus is on treating complex developmental trauma using a psychodynamically informed, relational approach. Shea holds a Bachelor of Social Work from the University of Kentucky and a Master of Social Work from Smith College.



Preet Kaur (she/her/hers) is a Licensed Professional Counselor (LPC) working in private practice in the DC metropolitan area. She has a Master's degree in Counseling Psychology and is currently a doctoral candidate in the Counseling department at George Washington University. Preet has been in clinical practice for about a decade, working with diverse clinical populations in varied settings, including community mental health agencies, college counseling centers, a psychiatric hospital, group practice, and her private practice. She has provided individual, group, and couples psychotherapy across these settings. Her approach to psychotherapy is grounded in a dynamically informed, relational, and multicultural orientation. In her practice, she seeks to situate clients' narratives in a culturally relevant context, believing every therapeutic encounter is cultural. Preet strives to balance providing direct clinical services with conducting applied mental health research and engaging in community-based efforts (through writing, presentations, or other advocacy efforts) involving mental health care for minoritized or otherwise marginalized communities. Preet is excited to join the WBCP as a member of the incoming class of PSP. Over the years in practice, she has found herself returning repeatedly to a keen interest and desire to develop a depth of understanding of psychoanalytic training and technique.

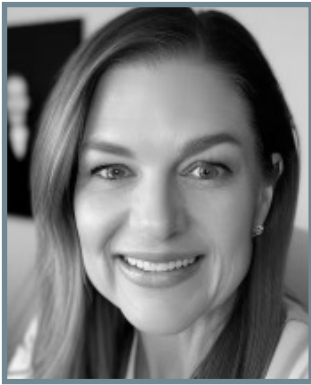


Lisa Moscatiello has been a staff psychologist at Howard University Counseling Service since August 2022. She received her Psy.D. in clinical psychology at George Washington University and completed an internship at Wichita State University in Wichita, KS and postdoctoral training at Princeton University. Some of her clinical interests include ADHD, autism, and adoption. Before becoming a psychotherapist, her previous jobs were touring and recording as a singer, songwriter, and guitarist, and working at Congressional Research Service at the Library of Congress. She lives in Takoma Park with her partner, Anita, housemate, and four dogs.



Bentley R. Noland, LICSW, LCSW-C was born and raised in Washington, DC. He has a master's of social work from University of Pennsylvania School of Social Work, 2000. He has worked as a psychotherapist for the last 6 years at Washington Nutrition and Counseling Group. Prior to that, Ben worked in child welfare in DC for 15 years and in mental health treatment. He is an artist, musician, husband and father.

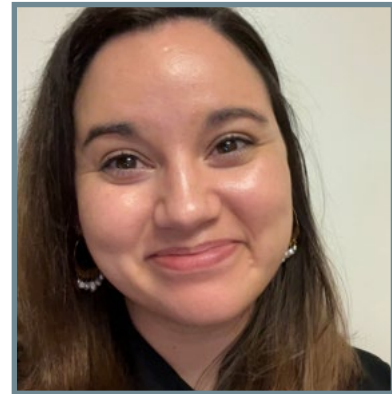
PSP Students



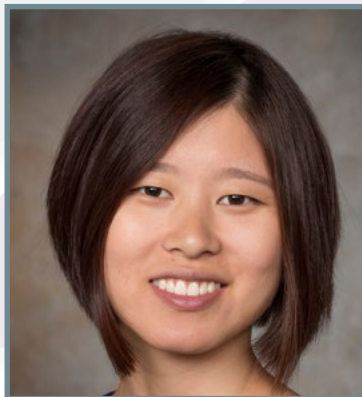
Kimberly Schmidt, MSN, PMHNP-BC, is a Board Certified Psychiatric Mental Health Nurse Practitioner. She treats adults and adolescents with a variety of mental health challenges and life issues. She believes wellness is achieved by balancing the mental, physical, and spiritual aspects of our lives. Her training and experience include working with patients across the lifespan, outpatient clinics, and in-patient hospital settings. Her education includes a Master of Science in Nursing, with a Psychiatric Nurse Practitioner specialization, from the University of Missouri, Columbia, and a fellowship and certification in Integrative Psychiatry from the Integrative Psychiatry Institute in Boulder, CO. Kim also has training in Perinatal Psychiatry and worked as a Labor & Delivery RN before receiving her advanced training in Psychiatry. She understands the difficulties women & couples face during pregnancy, through labor & delivery, and postpartum. She treats adults adjusting to their new life as parents, dealing with difficult outcomes such as pregnancy & infant death and birth trauma, and with perinatal mood & anxiety disorders. Her training in Integrative Psychiatry informs the holistic care she provides her patients. Kim has a foundational commitment to providing personalized and comprehensive care for her patients — each as a unique individual.



Dan Summers, PsyD is a clinical psychologist beginning the PSP this fall. Dan grew up outside of Philadelphia and moved to Baltimore in 2017 to attend Loyola University of Maryland's PsyD program. He briefly moved back to Philadelphia to attend his internship at Lehigh University's college counseling center before returning to Baltimore for a postdoctoral fellowship at Sheppard Pratt Hospital's Trauma Disorders Unit. Dan currently works as a clinical psychologist at Sheppard Pratt, and is excited to see how psychoanalytic studies can deepen his practice in inpatient, residential, and outpatient settings.



Gabrielle Yundt, PsyD, is a licensed clinical psychologist working in private practice in Dupont circle where she sees adolescents and adults in individual therapy and provides psychological testing. Gabby completed her Psy.D. program at George Fox University in Oregon where she was trained to integrate spirituality with psychology. She completed her internship with the Derner Internship Consortium and her postdoctoral fellowship at George Washington University's Professional Psychology Program. She works with a range of clinical presentations, but is particularly interested in working with individual with complex trauma and religious trauma. In addition to relational psychodynamic theory, Gabby also integrates person-centered and multi-cultural perspectives into her approach.



Amanda Sun, MD, is a board-certified child, adolescent and adult psychiatrist in the Baltimore, MD region. She completed her Bachelor of Science in Biology from Duke University and received her medical degree from Johns Hopkins University School of Medicine. She then completed her general psychiatry residency training at Yale University before returning to Baltimore for her child and adolescent psychiatry fellowship at Johns Hopkins University where she served as chief fellow. Since 2020, Dr. Sun has worked as a staff psychiatrist at Johns Hopkins University Student Health and Well-Being, served on Johns Hopkins faculty as a part-time Assistant Professor in the Department of Psychiatry and Behavioral Sciences, and ran a private practice in Towson, MD working with primarily children, adolescents, and young adults. In her clinical work, she enjoys collaborating with youth and young adults in the evaluation, diagnosis and treatment of their psychiatric conditions as well as engaging with them in insight-oriented work. She first became interested in working with patients employing a psychoanalytic framework in residency training at Yale and aims to further expand her psychotherapy practice and expertise in the Psychoanalytic Studies Program.

Member Announcements

Robert Benedetti

- Received the 2025 Ralph Roughton Paper Award from the APsA Committee on Gender and Sexuality for his paper *Gay Men—Loss, Grief, and Mourning and the Reopening of Foreclosed Psychic Space*. He will present his paper at APsA's meeting in San Francisco, the epicenter of the AIDS epidemic, on Thursday, February 6 11:30 AM - 1:30 PM.

Greta Carlson, PsyD

- Presented a paper, "Psychodynamic Play Therapy: Applications with Children with Chronic PTSD," at the Washington Case Conference on October 11th, 2024. Her chapter, "Projective Identification in the Psychological Assessment of Children," was also accepted for publication in the forthcoming text, *Contemporary Psychoanalytic Approaches to Early Childhood Education*.

Judith Chused

- In press for 2025 *Psychoanalytic Study of the Child: The Development of a Psychoanalyst* by Judith Fingert Chused, MD
- Was given the award for Long and Distinguished Service by WBCP.

John Hartman, PhD, FABP

- Had two books published: "Marching in Montgomery: A Memoir of the Civil Rights Movement" (<https://ipbooks.net/product/marching-in-montgomery-a-memoir-of-the-civil-rights-movement-by-john-j-hartman/>) and "Perversion of Faith: The Psychology of Racist Propaganda in Film" (<https://ethicpress.com/products/perversion-of-faith>).

Sandra Hershberg

- Hershberg, Sandra G, Editor, contributor, Prologue and Epilogue of *HOME*, *Psychoanalytic Inquiry*, Vol 43, No6, August-September 2023.

- Hershberg, Sandra G(2023). *A space odyssey:The impact of changing the physical aspects of the analytic setting on the analyst, the patient and their relationship*, *Psychoanalytic Inquiry*, Vol43, No6, 399-408. <https://doi.org/10.1080/07351690.2023.2235251>

Barry Landau

- Was given the award for Long and Distinguished Service by WBCP.

Tyger Latham recently published two book reviews in The Psychoanalytic Quarterly:

- Latham, T. (2024). [Review of the book *Clara M. Thompson's early years and professional awakening: An American psychoanalyst (1893-1933)*. by Ann D'Ercole and Clara M. Thompon's professional evolution and legacy: *An American psychoanalyst. (1933-1958)*. by Ann D'Ercole]. *Psychoanalytic Quarterly*, 93 (1): 197-206.
- Latham, T. (2024). [Review of the book *Ferenczii's confusion of tongues theory of trauma: A relational neurobiological perspective*. by Arnold Wm. Rachman and Clara Mucci]. *Psychoanalytic Quarterly*, 93 (3): 529-536.

Kerry Malawista

- 2024. Creative Essay Section: Introduction. *Journal of the American Psychoanalytic*, 72.1. p. 131
- 2024. "A Passage Through the Faraway, Nearby of Mourning." *Psychoanalysis, Self and Context* 18 (2).

Carlos E. Sluzki, MD has been recently awarded a Doctor Honoris Causa, Universidad Libre de Costa Rica, San Jose, Costa Rica. In addition to key-note presentations in Italy, Costa Rica and Mexico within this year, his most recent publications include:

- Sluzki, CE (2024): "Pathway between conflict and reconciliation." *Capital Psychiatry* (e-magazine of the Washington Psychiatric Society), 5(1):11-14

Carlos E. Sluzki, MD contd.

- Sluzki, CE (2024): “Stateless: A Story.” Capital Psychiatry (e-magazine of the Washington Psychiatric Society) 5(2):61-2
- Sluzki CE (2024): “Lo stato di fragilità: *L’homo sacer* nello spazio intermedio dei confini” (State of fragility: The *homo sacer* in the space between boundaries.) Maieutica, 1(1): (in Italian)

Jamie Steele

- Was named semi-finalist in the APsA Lee Jaffe Candidate’s Council Paper Prize for her paper “Consciousness Raising: Social Justice as Psychoanalysis, Psychoanalysis as Social Justice”.

Ernest Wallwork

- Was given the award for Contribution to the Mission by WBCP.

Welcome Our Newest Members!



Daniel Afzal - Student
Priscilla Chin - Friend
Harry Gill - Full
Yaprak Harrison - Friend
John Hartman - Full
Sarah High - Student
Heather Lindh-Payne - Friend
Lillian Markaki - Student
Lauren Rubenstein - Friend
Neil Rustgi - New Professional
Janet Schiff - Corresponding
Ryan Willard - New Professional
Oksana Yakushko - GW Faculty

Correction

In the Spring 2024 newsletter we incorrectly stated that Tom Rini (author of the New Directions contribution) holds a PhD. We would like to clarify that he instead holds an MA. We apologize for the error and any confusion it may have caused.



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