

Thinking Together Without Falling Apart A Day in Conversation with

Beverly J. Stoute, MD



Saturday, May 10, 2025

2:00 pm - 4:00 pm

Can We Bear Together What It Takes To Think Together?

Lunch and Discussion with WBCP Faculty

2120 L St, NW, 6th floor, Wiener Conference Room 2 CME/CE

Live Presentation Only

Must be able to attend in person. No Zoom option is available

Limited Space Available – Register Today!

Abstract:

Our historical and cultural identifications create loci of perceived difference that serve as the fault lines of otherizing in groups. Traumatic residues, derived from the transgenerational after-effects of communal trauma, are cathected to our racial-ethnic-historical-religious group identities and can be activated in diverse groups adding valence to any psychic disruptions. When group enactments occur in diverse groups, we are stifled, unable to process or act. How can we learn to think together? Can we decipher the traumatic and defensive factors that paralyze us? What must we give up as individuals to go forward as a group? What does it require of leadership to create the space that enables these discussions? Case vignettes will be presented for group discussion to foster dialogue about the ways our histories of trauma activate us in groups. What does it take to come together, to think together and to move forward without falling apart?

Presenter Bio:

Beverly J. Stoute, MD, DFAPA, DFAACAP, FABP, a child, adolescent, and adult psychiatrist and psychoanalyst, leadership advisor and organizational consultant, is an internationally recognized scholar, educator, and leader in the field of psychoanalysis. A Training and Supervising Analyst at Emory University Psychoanalytic Institute and a Child and Adolescent

Supervising Analyst at The New York Psychoanalytic Institute, Dr. Stoute is on the faculty of the Emory University and Morehouse Schools of Medicine and has taught in the Leadership Fellows Program of the Emory Goizueta Business School. A Distinguished Fellow of both the American Psychiatric Association and the American Academy of Child and Adolescent Psychiatry, she has received many awards in many areas.

Dr. Stoute has developed, moderated, and presented over 150 panels and programs nationally and internationally. Her scholarly work, featured in the archives of the Freud Museum in London, has been translated into German, Spanish, and Portuguese. She has held multiple leadership positions, including on the Executive Committee of the American Psychoanalytic Association and as a Co-Chair of The Holmes Commission on Racial Equality in American Psychoanalysis. Drawing on thirty years of experiences as an educator, clinician, consultant and executive coach and leadership advisor, Dr. Stoute has collaborated with professionals at all stages of career and professional development in not-for-profit organizations, academic medical centers, universities, mental health training programs, community mental health, boards of education, business, and the law. Her 2023 book, co-edited with Michael Slevin is entitled *The Trauma of Racism: Lessons from the Therapeutic Encounter.* She maintains a full-time private practice of child, adolescent and adult psychiatry, psychotherapy, psychoanalysis, family therapy, supervision, organizational consultation, and leadership advising in Atlanta, GA.

Learning Objectives:

- 1. Describe two institutional obstacles that impede diversity initiatives within psychoanalysis with respect to training, education or supervision.
- 2. Discuss two institutional initiatives or changes that leadership can make to work towards advancing racial equity initiatives in your Institute.
- 3. Describe two ways that discriminatory experiences in training institutes can be traumatic for trainees and impact the entire institute community.

References:

- 1. Holmes, D. Hart, A., Powell, D., Stoute, B., Chodorow, N., Davids, M.F., Dennis, E., Glover, W.C., Gonzalez, F.J., Hamer, F., Javier, R.A., Katz, M., Leary, K., Maree, R.D., McNamara, S., Méndez, T., Moskowitz, M., Moss, D., Russell, M., Tummala-Narra, P., Ueng-McHale, J., Vaughans, K. (2024). In Pursuit of Racial Equality in American Psychoanalysis: Findings and Recommendations from The Holmes Commission, *Journal of the American Psychoanalytic Association, vol.*72 (3) 407-552.
- 2. Holmes, D.E. (2021). "I Do Not Have a Racist Bone In My Body": Psychoanalytic Perspectives on What Is Lost and Not Mourned In Our Culture's Persistent Racism. *Journal of the American Psychoanalytic Association*, 69 (2): 237-258.
- 3. Tummala-Narra, P. (2021). Racial Trauma ad Dissociated Worlds Within Psychotherapy: A Discussion of "Racial Difference, Rupture, and Repair." A view from the Couch and Back. *Psychoanalytic Dialogues*. 30: 732-741.

Registration Link: https://wbcp.memberclicks.net/reg_dr_stoute_faculty_may-10-2025

REGISTRATION DEADLINE: Monday, May 7, 2025, at 12:00 pm

Registration Fees:

WBCP Faculty

No Fee (2 CME/CE)

ALL FEES ARE NON-REFUNDABLE Continuing Education Units are not issued for partial attendance of one day programs.

Continuing Education Units are not issued for partial attendance.

CV Available Upon Request

There is no known commercial support for this program.

Continuing Medical Education – This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of American Psychoanalytic Association and The Washington Baltimore Center for Psychoanalysis. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

The American Psychoanalytic Association designates this live activity for a maximum of 2.0 AMA PRA Category 1 Credit(s) $^{\text{\tiny{M}}}$. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

DISCLOSURE STATEMENT: The APsA CE Committee has reviewed the materials for accredited continuing education and has determined that this activity is not related to the product line of ineligible companies and therefore, the activity meets the exception outlined in Standard 3: ACCME's identification, mitigation and disclosure of relevant financial relationship. This activity does not have any known commercial support.

Continuing Education Information

Continuing Education – Social Workers – The programs of The Washington Baltimore Center for Psychoanalysis, Inc. meet the criteria for continuing education as defined by the District of Columbia and Virginia Boards of Social Work, and the American Board of Examiners in Clinical Social Work. The Washington Baltimore Center for Psychoanalysis, Inc. designates this program as a continuing education activity for social work for 1 credit hour per hour for this activity.

The Washington Baltimore Center for Psychoanalysis, Inc. is authorized by the Board of Social Work Examiners in Maryland to sponsor social work continuing education programs and maintains full responsibility for this program. This training qualifies for Category 1 continuing education units.

Continuing Education – Psychologists – The Washington Baltimore Center for Psychoanalysis, Inc. is approved by the American Psychological Association to sponsor continuing education for psychologists. The Washington Baltimore Center for Psychoanalysis, Inc. maintains responsibility for this program and its content.

Continuing Education – Licensed Professional Counselors – The Washington Baltimore Center for Psychoanalysis, Inc. continuing education credits meet the criteria and may be submitted for re-licensure of LPCs in Maryland, DC, and Virginia. This program/activity has been approved by the Maryland State Board of Professional Counselors and Therapists to satisfy Category A continuing education requirements.