

***The Thomas and Julia Sultz
Annual Adult Seminar Workshop***

Presents

**Something to Lose: Being in Dialogue About Difference
When We Feel Like Leaving**

A special presentation by
Dr. Anton Hart

Saturday February 1, 2025
9:00 am – 11:30 am
Presentation and Discussion

**Live Presentation
University Club of Washington DC
1135 16th Street NW, Washington, DC 20036**

(2.5 CME/CE total credits)

Presentation:

Racial and other diversities-related enactments in psychoanalytic and other organizations that convene, and train, psychotherapists can be observed to occur regularly, exposing schisms that are carried and caused by personal, relational, and social-structural elements. Our collective good intentions and “diversity trainings” fail to avert this. This experiential presentation proposes a framework for being in dialogue about differences when such dialogue becomes difficult, and impasse seems inevitable.

Alertness to emergent enactment, and receptivity to the possibility of our unwitting, unconscious participation in such enactment—called “radical openness” by the presenter—is seen as key to finding our way out of oblivious, polarized, and entrenched, positions.

A framework is offered for understanding the challenges and promises of addressing enactments involving race, class, culture, sex, gender, and other forms of divisive difference. This will involve placing attention to security and self-esteem concerns (of self and other), and a corresponding need for openness to discovery of unconscious implication, at its center. We will use compelling, hypothetical vignettes derived from psychoanalytic institute life to explore the idea that setting out to lose what we already know could be a useful strategy for being in and tolerating the anxieties of “impossible” conversations.

Presenter Biography:

Anton Hart, PhD, FABP, FIPA – Dr. Hart is Training and Supervising Analyst and Faculty of the William Alanson White Institute. He is a member of the Editorial Boards of the *Journal of the American Psychoanalytic Association*, *Psychoanalytic Psychology* and *Contemporary Psychoanalysis*. He has published articles and book chapters on a variety of subjects including psychoanalytic safety and mutuality, issues of racial, sexual and other diversities, and psychoanalytic pedagogy. He is a member of the group, Black Psychoanalysts Speak and, also, Co-produced and was featured in the documentary film of the same name. He teaches at The Manhattan

Institute for Psychoanalysis, Mt. Sinai Hospital, New York Presbyterian Hospital, the National Institute for the Psychotherapies National Training Program, the Institute for Relational Psychoanalysis of Philadelphia, the Chicago Center for Psychoanalysis, and the NYU Postdoctoral Program in Psychoanalysis. He recently served as Co-Chair of the Holmes Commission on Racial Equality in American Psychoanalysis. He is completing a book for Routledge entitled, *Beyond Oaths or Codes: Toward a Relational Psychoanalytic Ethics*. He is in full-time private practice of psychoanalysis, individual and couple psychotherapy, psychotherapy supervision and consultation, and organizational consultation, in New York.

Who Should Attend:

The program is extended to members of the Washington Baltimore Center for Psychoanalysis, and we also welcome psychoanalysts, psychiatrists, psychologists, social workers, licensed counselors, mental health students, and other mental health providers from the Washington Baltimore metropolitan area interested in psychoanalytic theory, practice and perspectives.

Format of the Program:

The workshop will take place in-person and consist of a didactic lecture and audience Q&A.

Objectives:

Participants will be able to:

1. Identify the unconscious dynamics of enactments related to race, class, culture, gender, and other forms of diversity that arise in psychoanalytic organizational impasses.
2. Define the concept of “radical openness” and describe its correspondence with issues of safety in approaching difficult, diversity-related dialogue.
3. Describe the hermeneutic concept of “losing” and its relationship to the struggle against multiple forms of prejudice.

References:

1. Holmes, D. E., Hart, A., Powell, D. R., Stoute, B. J., et al. (2024). In pursuit of racial equality in American psychoanalysis: Findings and recommendations of the Holmes Commission. *Journal of the American Psychoanalytic Association*. <https://doi.org/10.1177/00030651241253623>
2. Matheny, B., & Teng, B. (2021). Radical openness: An interview with Anton Hart. *ROOM: A Sketchbook for Analytic Action*, 2(21). Retrieved from <https://analytic-room.com/essays/radical-openness-by-brent-matheny-and-betty-teng/>
3. B., Hart, A., & Teng, B. (2021). Radical openness, part II: An interview with Anton Hart. *ROOM: A Sketchbook for Analytic Action*, 6(21). Retrieved from <https://analytic-room.com/essays/radical-openness-an-interview-with-anton-hart-part-2/>
4. Hart, A. H. (2020). Principles for teaching issues of diversity in a psychoanalytic context. *Contemporary Psychoanalysis*, 56(2-3), 404–417. <https://doi.org/10.1080/00107530.2020.1760084>

Registration Link:

https://wbcp.memberclicks.net/reg_salz_seminar_anton_hart_february_1_2025

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REGISTRATION DEADLINE: Wednesday, January 29, 2025

Registration Fees:

WBCP members \$65 (2.5 CME/CE)

Non-WBCP Members \$100 (2.5 CME/CE)

WBCP Students and Candidates No fee (2.5 CME/CE)

Other Students \$30 (no credit)

WBCP's Fellowship Program Participants (2024-2025) \$65 (2.5 CME/CE)

WBCP's Fellowship Program Participants (2024-2025) No fee (no credit)

ALL FEES ARE NON-REFUNDABLE

Anne Adelman, PhD, Program Co-Chair
Jamie Steele, LMFT, Program Co-Chair

Continuing Education Units are not issued for partial attendance.

CVs Available Upon Request

There is no known commercial support for this program.

Continuing Education Information

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