



INTERNATIONAL  
PSYCHOANALYTICAL  
ASSOCIATION



Washington Baltimore  
Center for Psychoanalysis

presents

## COWAP NA: Women the Longest Revolution

Please join us for a series of conversations

September 14, 2024 - April 12, 2025

Saturday mornings, 11:00 to 12:30 EST

7 sessions

*Presented by the Committee on Women and Psychoanalysis of the International Psychoanalytic Association (COWAP) North America, and sponsored by the Washington Center for Psychoanalysis. Organizing Committee: Chair: Margarita Cereijido, Co-chair: Catherine Mallouh, Members: Anne Adelman, Janice Lieberman, Jill Gentile and Jeri Isaacson.*

1.5 CME/CE per session

10.5 CME/CE total

Via Zoom

September 14, 2024

### **Session 1: The Female Psychoanalyst's Longest Revolution**

**Panel: Virginia Ungar in conversation with Margarita Cereijido, and Margarita Valladares**

Notions of woman and the feminine have changed dramatically over the last decades and this is reflected in how women perceive themselves, how they are perceived by society, and how this is understood from a psychoanalytic perspective. Inspired by the title of Juliet Mitchell's iconic book, *Women: The Longest Revolution*, we will explore the ongoing changes experienced by the female psychoanalyst, including analytic training and later professional life. It will discuss issues about prejudice, authority, and working online. Virginia Ungar will talk about her challenges as the first IPA woman president in 102 years, and will have a conversation with Margarita Valladares, a psychoanalytic candidate, and Margarita Cereijido. The audience will reflect with the presenters about how our thinking has changed.

October 26, 2024

### **Session 2: What Ever Happened to Romance on the Revolutionary Road?**

**Panel: Danielle Knafo, Arlene Heyman, and Isaac Tylim**

**Moderator: Janice Lieberman**

It has been observed by many that there seems to be an absence of "romance" in courtship, dating and marriage today, whether the partners are straight or gay. Many feminists have written that romance creates more inequality between men and women. Juliet Mitchell, in her book *Women: The Longest Revolution* writes that: "Romantic love seems to me to seek an ideal; if it attains its idealized object, then it ceases to be romantic love". It can turn to disillusionment or even hate. Comparisons will be made between notions of romance 50 years ago vs. today: changes in meeting and dating one another, the use of technology to communicate: dating apps, texting, sexting, the social media will be discussed. Cultural norms (monogamy, polyamory) and interspsychic patterns (more fragile narcissism) as well as the breakdown of the traditional gender binary (chronic fatigue of working parents) are part of the explanation.

December 14, 2024

### **Session 3: In Her Own Voice: Challenging Theories of Women's Development**

**Panel: Nancy Kulish in conversation with Catherine Mallouh**

Notions of woman and the feminine have changed dramatically over the last decades and this is reflected in how women perceive themselves, how they are perceived by society, and how they are understood from a psychoanalytic perspective. This program will look at the ways in which Nancy Kulish has transformed and enriched psychoanalytic thinking about female development, femininity and gender. With Deanna Holtzman, she broke new ground in reformulating Freud's notion of the feminine Oedipal and radically incorporating a feminist perspective on women's sexuality and girl's and women's experiences, a perspective which has deepened our understanding of the early relationship to the mother. She has also considered the female body and women's conflicts around competition and envy. Her ideas have had implications for clinical work with women and the struggles they face both internally and in the society at large. Catherine Mallouh will be in conversation with Nancy about her the development of her ideas and how she views sexuality and gender and women's development now.



January 11, 2025

**Session 4: Women's Roles as Caregivers Through Their Lifespan**

**Panel: Jessica Benjamin in conversation with Margarita Cereijido, Erika Lepiavka and Tracy Sidesinger**

Notions of woman and the feminine have changed dramatically over the last decades and this is reflected in how women perceive themselves, how they are perceived by society, and how this is understood from a psychoanalytic perspective. Jessica Benjamin will talk about how feminism changed our understanding of the human psyche, including issues in psychosexual development related to gender and our rejection of normative heterosexuality. She will also reflect on her early work. She will have a conversation about these issues with Tracy Sidesinger, and Erika Lepiavka, considering new gender dynamics, the deconstruction of motherhood and women having multiple ideals.

February 22, 2025

**Session 5: The Female Body: Passion and Peril**

**Panel: Rosemary H. Balsam, Rachel Boué-Widawsky**

**Chair and Moderator: Jeri Isaacson**

Why do we pay so little attention to the role that the female natal body plays in the development of the psyche? This contrasts with how the birthing body holds psychic meaning that resonates throughout society. A graphic example is the fight for legal control over the female body in recent conflicts about abortion. Yet the procreative body remains relatively unexplored in psychoanalytic literature. In this discussion, Drs. Rosemary Balsam and Rachel Boué-Widawsky will consider ways of thinking psychoanalytically about the female body. Dr. Balsam will talk about the meaning of this absence in our field, and its impact for our understanding of psychological development. Dr. Boué-Widawsky will elaborate on this topic by discussing Julia Kristeva's ideas about the maternal body as an object that is often experienced unconsciously - and consciously - with horror. What might we add to our understanding of internal, interpersonal, and sociocultural dynamics if we were to more fully incorporate these ideas into the larger body of psychoanalytic thought? We will consider societal dynamics that reflect internal psychic experience, particularly in light of the burgeoning misogyny we face today.

March 8, 2025

**Session 6: Women and Literature. "Women's Lives in Transition"**

**Panel: Novelists Amy Bloom and Lisa Gornick in Conversation with Anne Adelman.**

The presentation "Women's Lives in Transition: Novelists Amy Bloom and Lisa Gornick In Conversation" provides a unique opportunity for participants to gain insights from two authors who are also psychotherapists. Their conversation offers dynamically rich and complex perspectives on women's lives across various developmental stages, encompassing themes such as family dynamics, love, work, and mental health. By exploring the intersection of literature and psychology through the lens of these authors' works, participants can deepen their understanding of women's experiences over time and across the developmental spectrum, including birth and death, love and loss, work and home, and the complexity of women's mental health concerns.

April 12, 2025

**Session 7: Conversation with Juliet Mitchell:**

**Juliet Mitchell, Margarita Cereijido, and Jill Gentile**

Juliet Mitchell will reflect on her iconic book, "Women: The longest revolution," considering the ongoing changes in different feminine scenarios in conversation with Margarita Cereijido and Jill Gentile. Notions of woman and the feminine have changed dramatically over the last decades and this is reflected in how women perceive themselves, how they are perceived by society, and how they are understood from a psychoanalytic perspective. Inspired by the title of her book, Juliet Mitchell will reflect on the impact of feminism, and the ongoing changes in different feminine scenarios. The audience will reflect with the presenters about how our thinking has changed.

[Click Here to View  
Presenter Bios](#)

**References**

1. Benjamin, J. (2013). "The bonds of love, looking backward". *Studies in Gender and Sexuality*. 14: 1-15.
2. Black, J. (2021). "A form of socially acceptable insanity- love, comedy and the digital in her." *Psychoanalysis, Culture and Society*. 26: 25-45.
3. Karbelny, A.M. (2018). "The geometry of intimacy: love triangles and couples therapy" *Psychoanalytic Psychology*. 35: 70-82.



**Learning Objectives:**

*After attending this session, the participants will be able to:*

1. Identify two examples of how the perception of female psychoanalysts has changed through the history of psychoanalytic training.
2. Give two examples of how working online impacts clinical work.
3. Compare notions of romance and courtship 50 years ago and today.
4. Explain the various societal factors that have resulted in the diminution of romance.
5. Identify the intrapsychic issues that inhibit romance in relationships.
6. Describe a new conception of the female oedipal complex and make use of these ideas in their clinical work.
7. Identify and describe women's internal conflicts around the early relationship to the mother and how this relates to problems with competition and envy.
8. Describe how feminism has changed our understanding of psychosexual development related to gender.
9. Identify two contemporary women's ideals.
10. Discuss ways that the female body has been underrepresented in the psychoanalytic literature.
11. Compare psychoanalytic theories about the female body to the connection between the internal psychic world and societal issues.
12. Describe two important aspects of Julia Kristeva's theories of the maternal.
13. Explore the developmental spectrum of women's lives, including key transitions such as adolescence, adulthood, and later life stages, to better understand the psychological complexities inherent in each stage.
14. Discuss women's roles in caregiving, household management, and professional spheres, and examine the impact of these roles and their demands on women's mental health and explore strategies for fostering resilience and balance.
15. Identify and analyze the unique mental health challenges faced by women, including but not limited to issues such as postpartum depression, reproductive health-related mood disorders, and societal pressures related to body image and self-worth.
16. Identify two aspects of the different development of the sexes for psychoanalysis and feminism.
17. Describe one way that psychoanalysis aids, and one way that psychoanalysis undercuts, feminism's goals.

***Pre-registration is required via WBCP website:***

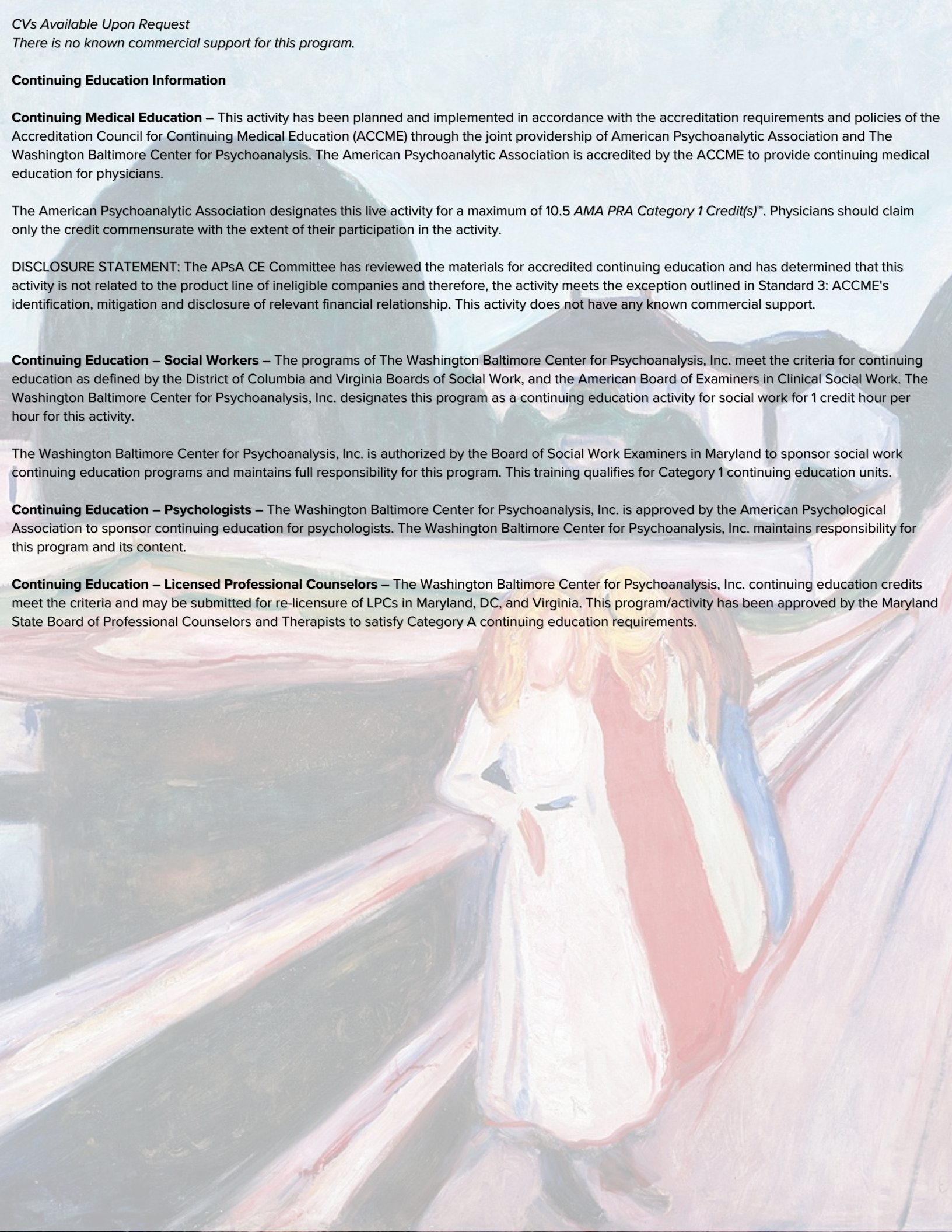
*For registration assistance, contact WBCP at 301-470-3635 / 410-792-8060 / 202-237-1854 or (admin@wbc.org)*

**Registration Link: [https://wbc.memberclicks.net/registration\\_cowap\\_women\\_revolution\\_2024-2025](https://wbc.memberclicks.net/registration_cowap_women_revolution_2024-2025)**

**Registration Fees Per Session:**

WBCP Members (1.5 CME/CE)	\$50.00
WBCP Students and Candidates (1.5 CM/CE)	No Fee
Non-WBCP Members (1.5 CME/CE)	\$65.00
Non-WBCP Students (1.5 CME/CE)	\$20.00
International Attendees	\$10.00
WBCP Fellows (1.5 CME/CE)	\$40.00
WBCP Fellows (No CME/CE)	No Fee





CVs Available Upon Request  
There is no known commercial support for this program.

**Continuing Education Information**

**Continuing Medical Education** – This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of American Psychoanalytic Association and The Washington Baltimore Center for Psychoanalysis. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

The American Psychoanalytic Association designates this live activity for a maximum of 10.5 *AMA PRA Category 1 Credit(s)*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**DISCLOSURE STATEMENT:** The APsA CE Committee has reviewed the materials for accredited continuing education and has determined that this activity is not related to the product line of ineligible companies and therefore, the activity meets the exception outlined in Standard 3: ACCME's identification, mitigation and disclosure of relevant financial relationship. This activity does not have any known commercial support.

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