



Contemporary
Freudian Society

Washington Baltimore
Center for Psychoanalysis

^{NEW}WSP
The New Washington School of Psychiatry

Washington Case Conferences

October 11, 2024 - May 9, 2025

Second Friday Each Month, 12:00 – 2:00pm EST via Zoom

(2 CEUs available per program)

The Washington Case Conferences are co-sponsored by the Contemporary Freudian Society (CFS), the New Washington School of Psychiatry (NWSP), and the Washington Baltimore Center for Psychoanalysis (WBCP). The case conferences are open to all, including psychoanalysts, psychiatrists, psychologists, social workers, licensed counselors, mental health students, clergy, and other mental health providers interested in psychoanalytic theory and practice. The Washington Case Conferences provide diverse theoretical perspectives for clinicians working with a range of client populations. In so doing, the case conferences promote peer discussion and the exchange of ideas with therapists and clergy from a variety of clinical settings and mental health disciplines in the community. The conferences are a way to reach those in the DMV mental health community seeking opportunities to learn from and with experienced peers. The program format includes a prepared presentation which integrates theory and technique with case illustrations. A question-and-answer period follows each presentation.

Upcoming Program:

October 11, 2024

Presenter: Greta Carlson, PsyD, ABPP

Topic: Psychodynamic Play Therapy: Applications with Children with Chronic PTSD

This clinical case presentation will center around the therapy case of a young boy in foster care with an extensive history of emotional, physical, and sexual abuse and symptoms of chronic posttraumatic stress disorder. The presentation will explore how interventions from psychodynamic play therapy, coupled with teaching affect regulation and relaxation skills enabled the young client to organize and symbolize his experiences with words and play activity, and manage somatic symptoms of PTSD.

Greta Carlson, PsyD, ABPP is a board-certified licensed clinical psychologist who works with children, adolescents, and young adults. Dr. Carlson graduated from the psychodynamic professional psychology program at George Washington University and is nationally certified in Trauma-Focused CBT. She completed her postdoctoral training in trauma, dissociation, and stressor-related disorders at Sheppard Pratt's Trauma Disorder's Program and a residency in child and adolescent psychotherapy and assessment at the Center for Cognitive Therapy and Assessment. She is currently a staff and supervising psychologist at Kennedy Krieger Institute, a Johns Hopkins University affiliate teaching hospital, in the Center for Child and Family Traumatic Stress, and a clinician in private practice in Friendship Heights, Maryland. Dr. Carlson's interests include the assessment and treatment of trauma and stressor-related disorders in children and adolescents.

References:

- Aro, T., Kuusinen, K. L., Stiles, W. B., & Laitila, A. (2021). Progress through the early stages of assimilation in play therapy with a traumatized six-year-old girl. *Journal of Infant, Child, and Adolescent Psychotherapy*, 20(2), 119-135.
- Haen, C. (2020). The roles of metaphor and imagination in child trauma treatment. *Journal of Infant, Child, and Adolescent Psychotherapy*, 19(1), 42-55.
- Graham, S., & Johnson, D.R. (2019). Trauma Therapy: Exploring the Views of Young People in Care. *Residential Treatment For Children & Youth*, 38(1), 2-18.
- Osofsky, J. D. (2003). Psychoanalytically based treatment for traumatized children and families. *Psychoanalytic Inquiry*, 23(3), 530-543.

Learning Objectives:

Upon completion of this program, participants will be able to:

- 1) identify two specific ways a history of physical, sexual, and/or emotional/psychological trauma can manifest itself in children's play activity in play therapy.
- 2) apply one psychodynamic concept to psychotherapeutic work with children aged 6-11 years old.
- 3) identify two specific interventions that may be given in psychotherapy with traumatized children aged 6-11 years old.

Program Fee: (Registration closes 5:00pm on 10/10)

CFS, NWSP and WBCP Members: \$45

Non-Members: \$55

CFS, NWSP and WBCP Students and Fellows: Free

Community Mental Health Workers and Other Students: \$25

Continuing Education Credits:

NY Social Workers: The PTI-CFS is recognized by the NYS Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #0087

NY Psychoanalysts: The PTI-CFS is recognized by the NYS Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed psychoanalysts #P-0021.

NY Licensed Psychologists: The PTI-CFS is recognized by the NYS Education Department's State Board for Psychology as an approved provide of continuing education for Licensed Psychologists #PSY-0017.

Psychologists: The Contemporary Freudian Society is approved by the American Psychological Association to sponsor continuing education for psychologists. The CFS maintains responsibility for this program and its content. (DC, MD and VA Psychologist licensing boards accept CE credits provided by an APA approved Sponsor. All other psychologists should check with their licensing boards.)

DC, MD and VA Social Workers: The Social Work Boards of the District of Columbia, Maryland and Virginia will grant continuing education credits to social workers attending a program offered by an APA authorized sponsor.

CE credits will only be granted to participants with documented attendance of the entire program and completed online evaluation form. No partial credit will be offered. It is the responsibility of the participants seeking CE credits to comply with these requirements. Upon completion of this program and online evaluation form, participants will be granted credits.

Who Should Attend: The instructional level for this activity is advanced. Mental Health Professionals (psychiatrists, psychologists, social workers, licensed professional counselors, e.g. LPs, LCATs, and pastoral counselors) and those with an interest in psychodynamic and psychoanalytic thinking and clinical applications.

IMPORTANT NOTE ABOUT CAMERA SETTINGS: *In order to maintain confidentiality of clinical material, participants must be in attendance with cameras on during the entire case conference and seminar. If you need to leave the meeting, you are welcome to return when you are able to turn your camera on.*