

Observational Studies Program Open House



March 7, 2026

Time: 9:45 am - 11:30 am

Location: Zoom

The Washington Baltimore Center for Psychoanalysis is offering a two-year training program in Observational Studies. The program is conducted by a multidisciplinary faculty of child, adult, couples, and family psychotherapists and psychoanalysts. This two-year training program follows the observational studies model pioneered and developed by Esther Bick at the Tavistock Clinic in London.

The program is designed to enhance awareness and understanding of human development and interaction in all cultures and ethnic groups. The program sharpens the ability to closely observe and attribute meaning to what is happening before one's eyes, strengthening the observer's emotional and intellectual receptivity and capacity for professional work, whether in social work, psychology, psychiatry, nursing, midwifery, teaching, childcare, or other allied professions.

NOTE: While these classes will be held in-person, the Open House will be held virtually over Zoom. A link to the Zoom meeting will be sent the week of the Open House.

Schedule

9:45–10:00 a.m. Welcome

10:00–10:30 a.m. Description of the psychoanalytic historical context in which Esther Bick developed this method at the Tavistock Clinic in 1948. Description of each segment of our Observational Studies Program.

10:30–11:30 a.m. We'll use the rest of the morning as a space for shared reflection"

Questions and comments will be very welcome.

Registration Link: https://wbcp.memberclicks.net/reg_osp_open_house_3-7-26

Contact the co-chairs:

Silvana Kaufman: kaufmansilvana@yahoo.com

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Silvana Kaufman and Deborah Blessing, Co-Chairs and Faculty

Let us know, “How did you hear about the Open House?”

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