

LGBTQ+ Workshop

Please join us as

Sien Rivera, MD and Justin Shubert, PsyD, PhD present
Monstrousness and Aliveness: Engaging Gender in Psychoanalysis

Sunday, October 5, 2025

Public Session:
1:00 – 4:00 pm (3 CME/CE)
Presentation and Discussion Via Zoom

WBCP Students and Candidates Post-Workshop Meeting via Zoom
with Sien Rivera, MD and Justin Shubert, PsyD, PhD:
4:30 – 5:45 pm (1.25 CME/CEs)
Via Zoom

Presentation:

This workshop seeks to explore a range of engagements with gender in the psychoanalytic encounter. One portion of the workshop will explore how contemporary anti-trans legislation and cultural narratives of monstrosity distort the analytic space for trans and gender expansive patients, threatening their capacity for playful work, while highlighting how trans survival and creativity might persist in the face of annihilating projections. The other portion turns to aliveness: how loosening gender constraints in the consulting room allows for the exploration and re-avowal of certain, gendered parts and ultimately can lead to a unique, profound experience of feeling alive. Together, these presentations underscore psychoanalysis as both refuge and crucible—where both monstrousness and aliveness might meet.

Presenter:

Sien Rivera, MD, is Assistant Program Director of the Prisma Health Midlands/University of South Carolina General Psychiatry residency program, and Assistant Clinical Professor at the University of South Carolina School of Medicine in Columbia, SC. They received their medical degree from SUNY Stony Brook School of Medicine and completed their general psychiatry residency and child adolescent psychiatry fellowship at Prisma Health Midlands/University of South Carolina. They are a former fellow of the American Psychoanalytic Association and a winner of the Ralph Roughton Paper Award. They are the former co-chair of the American Psychoanalytic Association's Committee on Gender and Sexuality and they present nationally and internationally on topics related to gender, sexuality, and new technologies.

Presenter:

Justin Shubert, PsyD, PhD is a clinical psychologist and psychoanalyst working in private practice in Los Angeles, where he is the founder and director of a psychodynamic private practice group called Silver Lake Psychotherapy. He is the former chair of the American Psychoanalytic Association's Committee on Gender and Sexuality, the past Diversity Editor of *The American Psychoanalyst*, a founding member of the Committee for Diversities and Sociocultural Issues at the New Center for Psychoanalysis in Los Angeles, and has been a faculty member at the Los Angeles Institute of

Psychoanalytic Studies, The Wright Institute of Los Angeles, and the New Center for Psychoanalysis. He is endlessly fascinated by the mystery and wonder contained in gender & sexuality.

Who Should Attend:

The program is extended to members of the Washington Baltimore Center for Psychoanalysis. We also welcome psychoanalysts, psychiatrists, psychologists, social workers, licensed counselors, mental health students, and other mental health providers who are interested in psychoanalytic theory, practice and perspectives.

Purpose of the Program:

The LGBTQ+ workshop fulfills the continued education requirements for LGBTQ+ cultural competency. It is alignment with WBCP's Diversities Committee mission statement, which encourages and supports all efforts to expand psychoanalytic thought, theory, and practice to value the richness that diversities bring to a deeper understanding of individual and community experiences. It is designed to increase the participants' knowledge of LGBTQ+ topics and contemporary perspectives on gender, sexuality, and theory. It is also designed to enhance the participants' competency in working with the LGBTQ+ community.

Format of the Program:

The workshop will take place on Zoom, in order to, provide maximum accessibility. The presenters will present theory and clinical material. They will moderate a conversation between them and the audience.

Objectives:

Participants will be able to:

1. Discuss the psychic impacts of anti-trans legislation on trans and gender expansive individuals in the psychoanalytic situation.
2. Demonstrate how psychoanalytic techniques such as defense interpretation and affective incubation can support the emergence and reintegration of gendered subjectivity.
3. Evaluate the role of the analytic relationship in navigating projections, regulation, and the potential for transformation related to gender identity and expression.

References:

Hames-García, M., Malatino, H., Kuo, J., Roshanravan, S., Pérez, L., Hoagland, S. L., McWeeny, J., Cruz, C. (2025). *Decolonial Thinking: Resistant Meanings and Communal Other-Sense*. United States: Indiana University Press.

Hansbury, G. (2017). Unthinkable anxieties: Reading transphobic countertransferences in a century of psychoanalytic writing. *Transgender Studies Quarterly*, 4(3-4), 384-404.

Saketopoulou, A., & Pellegrini, A. (2023). *Gender Without Identity*. Unconscious in Translation Press.



facebook.com/WBCP.psychoanalysis



instagram.com/wbcps_psychoanalysis



https://twitter.com/wbcps_



linkedin.com/company/washington-baltimore-center-for-psychoanalysis/

Registration:
https://wbcps.memberclicks.net/registration_lgbtq_workshop_public_10-5-25

REGISTRATION DEADLINE: October 1, 2025 at 12:00 noon ET

Registration Fees:

WBCP members	\$85 (CME/CE)
Non-WBCP Members	\$120 (CME/CE)
WBCP Students and Candidates	No fee (CME/CE)
Other Students	\$42.50 (no credit)
WBCP's Fellowship Program Participants (2025-2026) with credit	\$120 (CME/CE)
WBCP's Fellowship Program Participants (2025-2026) no credit	No fee (no credit)

ALL FEES ARE NON-REFUNDABLE

Please note, a confidential evaluation will be sent out after this program. We are required by our accrediting organization to provide a summary of evaluation results within 30 days of the completion of a program. In order to comply with this requirement, we will close the evaluation link three weeks after the program. Those who want CE credits AFTER the evaluation closure will be charged a \$30 processing fee for us to reopen the evaluation and generate a certificate.

Continuing Education Units are not issued for partial attendance.

*There is no known commercial support for this program.
CVs available upon request.*



[facebook.com/WBCP.psychoanalysis](https://www.facebook.com/WBCP.psychoanalysis)



[instagram.com/wbcps_psychoanalysis](https://www.instagram.com/wbcps_psychoanalysis)



https://twitter.com/wbcps_



[linkedin.com/company/washington-baltimore-center-for-psychoanalysis/](https://www.linkedin.com/company/washington-baltimore-center-for-psychoanalysis/)

Continuing Education Information

Continuing Medical Education – This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Psychoanalytic Association and The Washington Baltimore Center for Psychoanalysis, Inc. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

The American Psychoanalytic Association designates this Live Activity for a maximum of 4.25 AMA PRA Category 1 Credit(s) TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

DISCLOSURE STATEMENT: In accordance with disclosure policies of ACCME, effort is made to ensure balance, independence, objectivity, and scientific rigor in all accredited activities. These policies include mitigating all possible relevant financial relationships with ineligible companies for all planners and faculty. The APsA CE Committee has reviewed these disclosures and determined that the relationships are not inappropriate in the context of their respective presentations and are not inconsistent with the educational goals and integrity of the activity.

Continuing Education – Social Workers – The programs of The Washington Baltimore Center for Psychoanalysis, Inc. meet the criteria for continuing education as defined by the District of Columbia and Virginia Boards of Social Work, and the American Board of Examiners in Clinical Social Work. The Washington Baltimore Center for Psychoanalysis, Inc. designates this program as a continuing education activity for social work for 1 credit hour per hour for this activity.

The Washington Baltimore Center for Psychoanalysis, Inc. is authorized by the Board of Social Work Examiners in Maryland to sponsor social work continuing education programs and maintains full responsibility for this program. This training qualifies for Category 1 continuing education units.

Continuing Education – Psychologists – The Washington Baltimore Center for Psychoanalysis, Inc. is approved by the American Psychological Association to sponsor continuing education for psychologists. The Washington Baltimore Center for Psychoanalysis, Inc. maintains responsibility for this program and its content.

Continuing Education – Licensed Professional Counselors – The Washington Baltimore Center for Psychoanalysis, Inc. continuing education credits meet the criteria and may be submitted for re-licensure of LPCs in Maryland, DC, and Virginia. This program/activity has been approved by the Maryland State Board of Professional Counselors and Therapists to satisfy Category A continuing education requirements.

Public Program Co-Chair: Kasey Serdar, PsyD

Public Program Co-Chair: J Unterberg, PhD

WBCP Student/Candidate Program Co-Chair: Jamie Steele, LMFT



[facebook.com/WBCP.psychoanalysis](https://www.facebook.com/WBCP.psychoanalysis)



[instagram.com/wbcp_psychoanalysis](https://www.instagram.com/wbcp_psychoanalysis)



https://twitter.com/wbcp_



[linkedin.com/company/washington-baltimore-center-for-psychoanalysis/](https://www.linkedin.com/company/washington-baltimore-center-for-psychoanalysis/)