

The Thomas and Julia Saltz Annual Adult Seminar Workshop

***Professional Will Boot Camp:
An Emotional, Ethical, and Practical Workshop***

**Saturday, October 24, 2026
9:00 am – 5:00 pm ET**

**In-Person Workshop
George Washington University Student Center
800 21st Street, NW
Washington, DC 20052
Room 308**

Instructor: **Jeffrey Axelbank, PsyD**

7.0 CME/CE

About the Workshop:

The Washington Baltimore Center for Psychoanalysis is pleased to announce a full-day workshop designed to help mental health practitioners create a Professional Will.

This workshop addresses the emotional, ethical, and practical dimensions of professional will planning as a responsibility for continued patient care and patient management. This program will help guide clinicians through the process, step by step, in a supportive environment.

After addressing the emotional issues, there will be time during the workshop to draft your professional will.

Participants will have the opportunity to leave with a completed professional will in hand.

We warmly invite our colleagues from across the mental health community to join us for this meaningful event.

About the Presenter:

Jeffrey Axelbank, PsyD is a psychologist in Highland Park, NJ. He specializes in treating chronic pain and group therapy. He also consults to organizations. After his experience losing his long-time psychoanalyst to a sudden unexpected death was [reported in the NY Times](#), he began running support groups for people whose therapists died.

Objectives:

Participants will be able to:

- Identify the impact their death might have on one of their patients.
- Name at least two concerns they have that might inhibit them from writing their Professional Will.

- Identify their feelings regarding their own mortality.
- Identify at least two reasons that motivate them to write a Professional Will.
- Explain the issues around therapist self-disclosure in the event of a diagnosis of an illness that will impact the therapy, including a terminal illness.
- List what information should be included in a Professional Will.
- Specify their criteria for choosing a Professional Executor.
- Write a first draft of their Professional Will.

References:

Frommer, M. S. (2016). Death is nothing at all: On contemplating non-existence: A relational psychoanalytic engagement of the fear of death. *Psychoanalytic Dialogues*, 26(4), 373–390.

Lentz, K. (2024). When the analyst dies and the patient goes missing: An ethical crisis in psychoanalysis. *Psychoanalytic Dialogues*, 34(1), 52–70.

McWilliams, N. (2017). Psychoanalytic reflections on limitations: Aging, dying, generativity, and renewal. *Psychoanalytic Psychology*, 34(1), 50–57.

Slattery, J. M., Knauss, L. K., & Knapp, S. (2024). Ethics in action: The personal side of retirement. *Pennsylvania Psychologist*, 84(6), 34–35.

Spayd, C. S., & O'Leary Wiley, M. (2022, April). Closing a professional practice: Clinical and practical considerations. *Pennsylvania Psychologist*, 82(3), 4–7.

Registration Fees (includes catering):

WBCP Members	\$237 (7 CME/CE)
WBCP Students and Candidates	\$118.50 (7 CME/CE)
Non-Members	\$323 (7 CME/CE)

Registration Link: https://wbcps.memberclicks.net/reg_professional_will_10-24-26

Registration Deadline: Tuesday, October 20, 2026, by 4:30 pm

ALL FEES ARE NON-REFUNDABLE

Continuing Education Units are not issued for partial attendance.

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CVs Available Upon Request

There is no known commercial support for this program.

Continuing Education Information

Continuing Medical Education – This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of American Psychoanalytic Association and The Washington Baltimore Center for Psychoanalysis. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

The American Psychoanalytic Association designates this live activity for a maximum of 7.0 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

DISCLOSURE STATEMENT: The APsA CE Committee has reviewed the materials for accredited continuing education and has determined that this activity is not related to the product line of ineligible companies and therefore, the activity meets the exception outlined in Standard 3: ACCME's identification, mitigation and disclosure of relevant financial relationship. This activity does not have any known commercial support.

Continuing Education – Social Workers – The programs of The Washington Baltimore Center for Psychoanalysis, Inc. meet the criteria for continuing education as defined by the District of Columbia and Virginia Boards of Social Work, and the American Board of Examiners in Clinical Social Work. The Washington Baltimore Center for Psychoanalysis, Inc. designates this program as a continuing education activity for social work for 1 credit hour per hour for this activity.

The Washington Baltimore Center for Psychoanalysis, Inc. is authorized by the Board of Social Work Examiners in Maryland to sponsor social work continuing education learning activities and maintains full responsibility for this program. This training qualifies for Category 1 continuing education units.

Continuing Education – Psychologists – The Washington Baltimore Center for Psychoanalysis, Inc. is approved by the American Psychological Association to sponsor continuing education for psychologists. The Washington Baltimore Center for Psychoanalysis, Inc. maintains responsibility for this program and its content.

Continuing Education – Licensed Professional Counselors – The Washington Baltimore Center for Psychoanalysis, Inc. continuing education credits meet the criteria and may be submitted for re-licensure of LPCs in Maryland, DC, and Virginia. This program/activity has been approved by the Maryland State Board of Professional Counselors and Therapists to satisfy Category A continuing education requirements.