Washington Baltimore
Center for Psychoanalysis

The 2026 Stacia I Super Ethics Conference Presents:

The Retiring Mental Health Professional: Ethical, Clinical and Pragmatic Issues

Sunday, December 6, 2026
1:00 pm – 4:00 pm ET
Via Zoom

Please join us for a panel discussion with:

David Joseph, MD, Tarpley Long, MSW, LCSW-C and Christie Platt, PhD
Moderated by Andrew Carroll, PsyD and Sandra Lashley, PsyD

3.0 CME/CE

About the Workshop:

Up until the last two decades, there has been little written about the mental health professional's retirement process. Many professionals chose never to retire and worked into old age. Some became ill and continued to practice. Additionally, colleagues did not always respond favorably to those who were considered too young to retire. There was a stigma and it left younger mental health professionals with very little insight and few guidelines into what is now considered an expected developmental progression. Freud himself never really retired and continued to take on and see longstanding patients up until the near end.

This program is an attempt to speak to the complexities of retirement as it is understood and lived out today. Three seasoned, retired psychoanalysts will address the ethical, clinical and personal factors that went into their decision to retire and how they navigated those issues. These include issues around how much notice to give their patients, how they managed a changing analytic identity, how they handled patients in distress, the benefits of retiring before one needs to and what they would change. By sharing their experiences, the hope is that this will assist other mental health professionals in thinking through this important professional milestone. There will be an open question and answer period after each presenter to help facilitate discussion.

About the Presenters:

David Joseph, MD, is a psychiatrist and psychoanalyst and for many years was the Director of Psychiatry Residency Training at St. Elizabeths Hospital in Washington, DC. He has served as Director of the Institute and Chair of the Board of the Washington Center for Psychoanalysis where he is an emeritus training and supervising analyst. Among his publications are a chapter on "Confidentiality" in Psychiatric Ethics, edited by Bloch and Green. His book, "Listening for a Lifetime: The Artful Science of Psychotherapy was published in 2025 by Mission Point Press. He elected to close his clinical practice three years ago at the age of 82 but continues to be active in a number of roles within the Center.

Christie Platt, PhD, became a psychotherapist and psychoanalyst after searching for a meaningful profession and way of life for more than a decade. Her search led her to hitchhike from Cape Town to Cairo in her twenties, work for the Sante Fe Opera, develop a Vipassana meditation practice, and

pursue a master's degree in Holistic Studies in San Francisco. When she entered traditional psychoanalysis, she was surprised to find that it offered the deepest understanding of herself she had encountered: She had found her profession. She practiced psychoanalysis in Washington, DC, for more than thirty five years, published several essays and reviews, and later joined the faculty of the New Directions Writing Program. When she decided to retire at the end of 2023, one phrase kept reverberating in her mind: "I don't want to interpret other people's lives- I want to think my own thoughts." Retirement has given her the freedom to read, write, travel, and dawdle, following her curiosity at her own pace. Christy retired in December 2023.

Tarpley Long, MSW, LCSW-C, entered psychoanalytic training in 1988 at the Washington Institute and graduated in 1994. She was certified in Adult Psychoanalysis by the American Psychoanalytic Association in 1996. She was appointed Teaching Analyst in 1998 and continued to teach and supervise PSP students until 2025. She was appointed Editor of PsychBytes in 2017 and continues to present psychoanalytic papers for the Washington Baltimore Center for Psychoanalysis Colloquium and Ethics conferences. She has published twelve papers and given twenty-two conference papers on addiction and the family and thirteen conference papers on psychoanalysis. Tarpley retired on December 16, 2015.

Andrew Carroll, PsyD, is a clinical psychologist and psychoanalyst in Friendship Heights, Washington, DC. At the Washington Baltimore Center for Psychoanalysis, he is Co-chair of the Psychoanalytic Studies Program, Curriculum Committee, New Directions in Writing and Fellowship Programs. He has been teaching and supervising in graduate and post-graduate training programs for 18 years.

Sandra Lashley, PsyD, is a clinical psychologist and psychoanalyst. She has been the Stacia Super Ethics Conference Chair since 2025. She has taught classes in personality and psychopathology at Loyola University, Maryland and writing at the Washington Baltimore Center for Psychoanalysis. She maintains a private practice in Frederick, Md**.**

Who Should Attend?

The program is extended to members of the Washington Baltimore Center for Psychoanalysis and we also welcome psychoanalysts, psychiatrists, psychologists, social workers, licensed counselors, mental health students, and other mental health professionals from the Washington Baltimore metropolitan area interested in psychoanalytic theory, practice and perspectives.

Format of the Program:

This is a three hour zoom program that will open the floor to a question and answer period after each speaker. It will include a fifteen-minute break.

Learning Objectives:

Participants will be able to:

- Critically examine and summarize the various ethical, clinical and practical issues involved in retirement.

- Identify and critically analyze their own personal ideas and goals toward retirement and formulate a plan to prepare for retiring.

References:

Joseph, D. (2025). *Listening for a lifetime: The artful science of psychotherapy.* Mission Point Press.

Parsons, M. (2026). The ethics of retirement. *Psychoanalytic Inq*uiry. Published online January 29, 2026

Power, A. (2016). *Forced endings in psychotherapy and psychoanalysis.* Routledge.

Registration Link:
https://wbcp.memberclicks.net/reg_stacia_super_ethics_12-6-26

Registration Deadline: Wednesday, December 2, 2026, by 4:30 pm

Registration Fees:

WBCP Members*	$105.00 (3 CME/CE)
WBCP PSP Students and Candidates	No Fee (3 CME/CE)
Non-WBCP Students	$43.50 (3 CME/CE)
Non-Members	$124 (3 CME/CE)

** WBCP Member fees discounted at registration for certain member types*

ALL FEES ARE NON-REFUNDABLE
Continuing Education Units are not issued for partial attendance.

Sandra Lashley, PhD, Program Chair

There is no known commercial support for this program.
CVs available upon request

Continuing Education Information

In support of improving patient care, this activity has been planned and implemented by the American Psychoanalytic Association and Washington Baltimore Center for Psychoanalysis, Inc. The American Psychoanalytic Association is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Credits Available:

- **Physicians:** 3.0 Credits
- **Psychologists:** 3.0 Credits
- **Social Workers:** 3.0 Credits
- **PAs:** 3.0 Credits
- **Nurses & NPs:** 3.0 Nursing Contact Hours
- **Pharmacists/Pharmacy Technicians:** 3.0 Credits
  Pharmacists must claim credits within 30 days and provide their eProfile ID and Birthdate. APsA will not report credits claimed after 30 days or with incomplete information.
- **Interprofessional Continuing Education:** 3.0 Credits

Other Profession Types
Other profession types will receive a certificate of attendance upon completion of the activity and online evaluation confirming their participation. Participants may claim credit for recertification; however, their professional organization/institute hold the final say on which accredited activities they accept.

Disclosure Statement
None of the planners and presenters for this educational activity have relevant financial relationship(s)* to disclose with ineligible companies* whose primary business is producing, marketing, selling, re-selling or distributing healthcare products used by or on patients. There is no commercial support for this activity. APsA verifies that all materials generated by AI are accurate, including cited publications and posttests.

**Financial relationships are relevant if the educational content an individual can control is related to the business lines or products of the ineligible company. — Updated December 2022*

Continuing Education – Social Workers – The programs of The Washington Baltimore Center for Psychoanalysis, Inc. meet the criteria for continuing education as defined by the District of Columbia and Virginia Boards of Social Work, and the American Board of Examiners in Clinical Social Work. The Washington Baltimore Center for Psychoanalysis, Inc. designates this program as a continuing education activity for social work for 1 credit hour per hour for this activity.

The Washington Baltimore Center for Psychoanalysis, Inc. is authorized by the Board of Social Work Examiners in Maryland to sponsor social work continuing education learning activities and maintains full responsibility for this program. This training qualifies for Category 1 continuing education units.

Continuing Education – Psychologists – The Washington Baltimore Center for Psychoanalysis, Inc. is approved by the American Psychological Association to sponsor continuing education for psychologists. The Washington Baltimore Center for Psychoanalysis, Inc. maintains responsibility for this program and its content.

Continuing Education – Licensed Professional Counselors – The Washington Baltimore Center for Psychoanalysis, Inc. continuing education credits meet the criteria and may be submitted for re-licensure of LPCs in Maryland, DC, and Virginia. This program/activity has been approved by the Maryland State Board of Professional Counselors and Therapists to satisfy Category A continuing education requirements.

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