

Newsletter

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Send any newsletter comments or suggestions to
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Update from the Board

Letter from the Board President



I have been updating you recently regarding the work of the Board in developing and vetting new policies and procedures for the Center. By now they should be up on the website for your more leisurely perusal.

On April 15, Jyoti Rao from the San Francisco Center for Psychoanalysis wrote a beautiful, compelling piece for the APsA listserv entitled, "Vision for a 21st Century Psychoanalysis". I asked Jyoti if I could include it here, to which she graciously agreed.

"Vision for a 21st Century Psychoanalysis"

**Apr 15, 2023 7:58 PM
Jyoti Rao**

- *an evolving psychoanalysis that perpetually expands to include a widening range of human experiences within its benevolent and nuanced consideration;*

- *an integrated psychoanalysis that extends a warm embrace to marginalized subjects and subjectivities, making every effort to usher them towards the protection, acceptance, recognition, comprehension, and authority enjoyed by those in the center;*

- *an ethical psychoanalysis within which the work of the Holmes Commission and the Committee on Gender and Sexuality is a solemn commitment internalized by all of us;*

- *a generative psychoanalysis that supports creativity and challenges to existing psychic and material arrangements by receiving and elaborating the fresh insights delivered by unconscious workings;*

- *a humane psychoanalysis that views oppression as a ubiquitous human error borne out of unconscious processes we strive to understand and ameliorate;*

- *an honest psychoanalysis that is accountable for harms that are perpetrated under its aegis and the responsibilities that come with social, professional, and institutional power;*
- *a reliable psychoanalysis that is worthy of the immense trust placed upon us by our analysands and our communities;*
- *a relevant psychoanalysis that is capable of offering meaningful assistance with the increasingly urgent, unconsciously motivated troubles we face - and cause - as individuals and groups;*
- *a nurturing psychoanalysis within which our graduate students, trainees, and early career professionals can see themselves joining, belonging, and flourishing over the course of their careers;*
- *a thoughtful psychoanalysis that comprehends the consequences of actions taken on individual, group, and societal levels, and initiates and facilitates sincere repair when needed;*
- *an informed psychoanalysis that integrates wisdom from multiple disciplines;*
- *a self reflective, iterative psychoanalysis that takes seriously its definitional relationship to contested knowledge within itself;*
- *a liberatory psychoanalysis whose emancipatory potentials are recognized, encouraged, and realized*

Jyoti Rao

What a remarkable vision! If only... There are other visions possible, but I hope they will include what Jyoti has envisioned for our field.

In our new Code of Ethical Conduct, the Board tried to capture this spirit in who we aspire to become. It is a remarkable set of guiding lights. Thank you, Jyoti for putting words to this vision. As a Board we hope

we have set the stage and provided some underpinnings to help navigate the messy and often time turbulent waters of transformation for our Center, which encompasses and includes, real structural change that fosters a safe, welcoming environment for all, and genuinely embraces inclusion and diversity and equity. We developed policies and procedures which not only say that diversity and inclusion are important, but also how we are working as a Center on what they mean to us, how to address them, to foster them, mechanisms to help them happen, and what procedures we wish to follow when there are the inevitable bumps in the process.

Our Center's work with Dr. Jessica Isom and her team, Vision for Equity, and our consultation with Dr. Beverly Stoute outlined work to be done, and some of their suggested roadmaps. We have been in the process of picking up the mantel and making it our own. The DEI Task Force is meeting regularly, figuring out which pieces of the Vision for Equity recommendations to begin with. The Faculty Development Committee, the Curriculum Committee, and the Institute Council have been sorting out and addressing the areas they envision need to change. The Diversities Committee has been working on the Black Analyst History Project for the last three years, and this year will begin the work of creating videos featuring semi-structured interviews with our Black colleagues on how each person navigated psychoanalytic training in our Center and their subsequent journeys with professional development (see the article on the Black Analyst History Project in this newsletter). Our Talking Groups are on-going. These are several small groups of Center members discussing their experiences of inclusion and equity within the Center, as well as explicating their ideas of changes they would suggest to the DEI Task Force. Many of our Center sponsored Programs have embraced focusing on the broader issues of culture, race, gender identity, and other such issues. They have provided an incredible array of programming (please look over the various programs of this past year; and there are many exciting ones planned for the upcoming year). For many years our Fellowship Programs have included people from around the world. The Stoute/Slevin presentation, "Coming Together

When Things Are Falling Apart: Writing Together About Racism” unfortunately had to be cancelled due to unforeseen circumstances but has been rescheduled for September 30th when classes resume for the Fall. This Saturday presentation includes a time prior to the larger group presentation for our students, candidates, as well as the psychiatry residents from GW and Howard to meet with these renown analysts. We are excited to sponsor this important presentation. And yet, we have much work to do in our Center.

We have members who have stepped back from active involvement in the Center, some for how they have been treated and others for the unrest that is present. Many people are afraid to speak up, feeling it is unsafe to do so; others have tried to speak up and felt their voices were ignored. We need to be able to talk with, and to listen to, each other. We need to be more generative, more humane to each other, more thoughtful and able to self-reflect and be able to understand from the various vantage points among us. There are many different voices within our Center, and we are so much richer and vibrant for that. Many years ago, when Anton Hart came to our Center, he recommended we embrace being “radically open” and to expect to be uncomfortable, as that comes with the territory of addressing these issues. When each one of us finds ourselves in those spaces where we need to try to comprehend the actions taken on individual,

group, and societal levels, hopefully we can decenter and focus on initiating and facilitating sincere repair when needed. It is important to nurture one another, especially our students, candidates, and early career professionals so that they can see joining and belonging to our Center. This is uncomfortable and difficult work.

I have been affiliated with this Center for a very long time, and I have observed us up close. We are a Center of dedicated, hardworking, ethical, principled, caring, and, yes, simply more human than not, people who believe in our mission. I know this has not been everyone’s experience at WBCP. I look forward to the day it is.

It has taken courage to look at ourselves, beginning several years ago. Please join in the transformational change that is going on and will continue to go on, embracing the ever-expanding Vision for a 21st Century Psychoanalysis - and Psychoanalytic Psychotherapy. Together we can!

*On behalf of the Board,
Yvonne De Cuir,
President, Washington Baltimore Center for
Psychoanalysis*

Meet the Office Team

WBBCP runs many important functions for the organization and none of it would be possible without the help of our dedicated staff. Many of you have had an opportunity to work with Janine Nickel and Kathleen Oristian who have been with the organization for a few years. They play key roles in the smooth running of the many events we hold. We also have some newer teammates whom you may have not met yet.

Janine Nickel is the longest serving member of our team and has been with us since 2019. She plays a critical role in administering our continuing education

units program. She is an avid reader, and Amazon shopper but would like to get back to traveling more (she has been to six of the seven continents) once her twin daughters are on their own insurance plans.

Kathleen Oristian works on many things including the Fellowship Program. She is also an excellent photographer. At the last graduation ceremony, she took a number of beautiful pictures to capture the event. We shared some of those pictures in the last newsletter and perhaps will share more on the web site in the coming months. She enjoys spending time with her two teenage daughters and watching

Meet the Office Team

them play competitive golf, photography, bowling, golf, reading.

Brittany Smith has been playing a very important role helping us with marketing and communications. You have seen her work in publicity we circulate about upcoming events. A native of Chicago she now resides in Rockville, Maryland. She attended Hofstra University where she studied Public Relations. Early in her life she became a technology enthusiast and fell in love with tinkering with different electronics. During her downtime her favorite hobbies include building and modifying custom computers, playing sports such as rugby, basketball, and softball, or playing with her cat, Lady Eloise (aka

Tiny).

Saige MacLeod is our newest teammate. Saige joins us with great experience working with associations as they spent time while at George Mason University working with their Alumni Association. Originally Saige is from Rhode Island although they have been living in D.C. for the last two years. They have a background in radio, journalism, social media management and administrative assistance. Saige mainly enjoys working wearing multiple hats and trying a little bit of everything which is why WBCP is the perfect environment

for them. On their days off they like to explore D.C., head to the local farmers market and take their dog to the dog park.

While we all have different areas of specialization within the Center, we all share a commitment to helping our members and guests get the most out of our offerings. Don't be shy! If you have an idea, question or suggestion, please reach out to us. We are here to help.

Joe Chirico
WBCP Executive Director

Check This Out

Starling Murmuration

[Click Here](#)

Black Analyst History Project

Reflections on a Three Year Process

The seeds for the WBCP Black Psychoanalyst History Project grew out of a stunning fact we learned in our work, as our group considered important issues around diversity at our institute. In the history of WBCP and its legacy organizations, there are only ten Black psychoanalysts, three of whom are deceased. We were astounded. Why so few? How could we begin to tackle this question?

With the help of Dr. Dorothy Holmes, we studied the complex, and unconscious dynamics of two individuals, one Black and one white, in video footage of a joint presentation by Ellis Toney and Ralph Greenson. We talked about race dynamics in the context of Toney's psychoanalysis with Greenson, acutely aware of our own reactions as we watched painful aspects of racial aggression in these clips. There was an agonizing realization that this film, in spite of its stated intention to highlight discussions about race in psychoanalysis, unwittingly exposed the nonverbal ways

white psychoanalysts – even in an effort to be sensitive to race relations – micro aggress, discriminate, ignore, presume, deny and wield power.

In our early conversations, we grappled with the notion that, if we did a film series sharing the stories of our Black Psychoanalyst members, we might encounter a parallel process to that of what we saw in the Toney-Greenson video. We could potentially run the risk of exposing Black individuals' stories for questioning and scrutiny. Our group learned from our Black members about the potential dangers of carrying out this project in a predominantly white organization, while also holding space for the positive potential that this project had.

We were uncertain of how this project would be received and feared that it could be "shelved" or undervalued. Would the project risk being viewed as some form of "performative allyship?" If we highlighted only Black members, would we be identifying a subgroup, thereby

committing an act of inherent “othering”? We thought using personal stories would humanize race discussions, but we had to consider the challenges we might face.

Our conversations shifted to exploring the notion of “whiteness.” This was a turning point for our ideas, as we grew increasingly aware of what privilege really signifies: we recognized that white people seldom have to consider what it means to be white. One of our members pointed out, “Black people talk about race all the time,” which led us to ask, “what if we included both Black and white analysts in the discussion of race and reflect a dialogue about the Black experience, while also including reactions and active participation on the side of the interviewer?”

As the video project took shape, we recognized the importance of inviting each interviewee to select their own interviewer. Further, each interviewee would have the opportunity to review the recording and make any editorial decisions they chose.

The process has unfolded gradually for nearly three years, as we carefully considered how to ensure safety. In our first year we learned, studied and worked through an important group process. The

second year allowed us to bring our focus to crafting the idea and the project execution, and forging partnerships. Now, in our third year, as the details of the work have coalesced, we are prepared to begin filming the stories of our Black psychoanalyst colleagues. We look forward to sharing these discussions with you.

By Raquel Carrera, LPC, LCPC, NCC

Sub-Committee Members:

- Raquel Carrera, LPC, LCPC, Project Lead**
- Anne Adelman, Ph.D.**
- Contance Dunlap, M.D.**
- Joan Liebermann, M.D.**
- Marilyn Martin, M.D.**
- Lizbeth Moses, Ph.D.**
- Fred Pisoni, PsyD.**

Check This Out

Playing for Change - Two Songs

[Click Here](#) [Click Here](#)

Colloquium 2023

And Thinking about Colloquium 2024

The Colloquium is a Member’s Only event, designed to allow members to present a paper, presentation, or project which is in process. One slot is reserved for a Candidate to present. The Colloquium is a treasured Center event. It is always a surprise to see who will present, and to see fellow members, even if on zoom, for this meeting which is both scholarly and also intimate. Year after year our members and candidates take the bold step of sharing work that may be close to publication or nowhere near publication. The idea is to present something that you are interested in discussing with others for your own and everyone else’s benefit. It has repeatedly been a morning of stimulating ideas, lively discussion and deep support for the writers. It is impressive to hear what our colleagues are

thinking about and writing about in their offices and in the community. Presenters trust our fellow members to listen, to engage, to discuss, to ask thoughtful, interested and provocative questions which always affect and sometimes change the direction of a writer’s thinking.

The 2023 Colloquium consisted of two rich and engrossing papers. The morning began with Dr. Nydia Lisman-Pieczanski delivering an engaging paper titled “Observation Here and Beyond” which described her work conducting Infant Observation training and work study groups here and in Beijing, China. The vivid paper examined the myriad ways in which culture, ethnicity, and societal norms influence the ways in which we perceive infancy, childhood, parenting, and attachment, which in turn has

Colloquium

profound implications for the therapeutic dyad. Much of the discussion focused on the deep ways in which Infant Observation provides training in deep reflective observation of self and of other, the discipline of attentive listening, and alertness to the texture of the parent/child bond, so central in our daily clinical work.

The morning continued with Ms. Tarpley Long's paper titled "Conflicting Loyalties: Considerations in Reporting Therapist/Patient Sexual Involvement". This powerful paper outlined the author's experience encountering incidents of therapist/patient sexual involvement and the thorny ethical dilemmas which ensued. The paper outlined the lack of legal consensus between states and jurisdictions, in addition to the lack of consensus across disciplines, which compounds the ethical dilemmas faced when confronted with incidents of sexual misconduct between a therapist and patient. The paper also honestly, bravely, and generously shared the myriad countertransference reactions which arise when faced with these situations.

While continuing to digest the rich learning from each of these powerful papers, we are also looking forward to the 2024 Colloquium.

If you have any interest in writing or presenting something and have had trouble finding the time to work on it, now is an excellent time to speak with Sarah. In the past, presenters have committed with only an outline of an idea, and used the structure of preparing for Colloquium to produce a piece of work ready for presentation in January. If you are interested in writing about an idea and would like a writing mentor to discuss and share early drafts we can help you find someone. If you are supervising or teaching someone who you think might be interested, please encourage them to consider this opportunity.

If you are interested in presenting, please be in touch with Sarah Hedlund at hedlunds@gwu.edu

Sarah L. Hedlund

Check This Out

IPA Culture Link

[Click Here](#)

Writing for Psychbytes

The goal of PsychBytes is to spark thought and curiosity about psychoanalytic ways of thinking for visitors to the WBCP website.

PsychBytes demonstrate how psychoanalytic thought applies to "ordinary" life experiences. PsychBytes are limited to 300-words and are written in jargon-free language.

PsychBytes have been distributed for nearly a decade and have a circulation of 3600 readers. Over the years, the committee has published 11 yearly essays. As submissions dropped off significantly in 2022, I reached out to individually encourage members to submit an essay. The most frequent response for not writing a PsychByte was difficulty in coming up with a topic for a general audience or difficulty in trying to explain a psychoanalytic concept in just a few words.

In my view, we are frequently exposed to psychoanalytic moments without even

realizing it. For example, in our daily lives we have moments where we understand or see something through a psychoanalytic lens, as in looking at a work of art, watching a film, reading a book, listening to music, observing a parent and child interaction, etc. These are "ordinary" moments and the manifest content is clear to readers. The author's psychoanalytic thought/discovery can offer the reader a deeper emotional and/or intellectual understanding.

In other words, we are not looking for a new theory or an in-depth description of an existing theory. We are looking for "ordinary" moments that stimulate a psychoanalytic thought in the author and the experience and thought can be shared with readers.

To give an example of a stimulus for a possible PsychByte ... recently I watched the film, "EO" which was nominated for a 2023 Academy Award. It is the story of a relationship between

two circus performers, a young girl and a donkey that ends abruptly when an animal rights group in Poland accuses the circus of engaging in animal cruelty. We are drawn in immediately to the relationship between the girl and EO as they gaze into each other's eyes, as she strokes his fur, cleans his body, feeds him nourishing carrots, kisses him, smiles and talks to him. After EO is left to make his way in the world without the girl, reminders of this early attachment reappear again to carry EO through many hardships. One might write an essay about how the film reminded the author of the psychoanalytic idea that

secure attachment early in life is fundamental to human development and resiliency as life unfolds.

There are many waiting-to-be-written PsychBytes in our WBCP community. If you have a potential PsychByte and have questions, members of our committee are available to speak with you.

Tarpley Long,
LCSW-C
202-462-6976

Oliver's Geese

New Directions Personal Essay

Over and over the wild geese call to me, from places so high I can only imagine them. From air so clean and unsullied I can only envy. It's now, it's now, it's now, they call. It's now. Now is your time in this great green place. Now the time for your blood to run warm. It's now, it's now. Yes, you wonder where we are headed in our fine formation, whether we have directions, know the point of God's arrow. It's now. But listen and forget. Look up and forget. See our underbellies, the slenderness of our necks cutting through the cold air, and know that we are pulled only by what pulls us, called by what calls us. Look up and see that we

ride currents invisible to all but the wisdom of our own wings. It's now, it's now. We'd be lost with your maps too, friend, so wish us well with a glance and a nod as our angle parts the sky. Then redirect your eyes to what is right in front of you, take a breath, and step out into the current invisible to all but your own fine instincts. Listen to us, friend, and forget us. We don't know where. We don't know how. We know only when. It's now. It's now. It's now.

Lauren Mazow Boyle
(after Mary Oliver, "Wild Geese")
(Written for New Directions weekend on Rewinding the Unconscious: Environmental Writing)

Save the Date

Please mark your calendars!



Join us on the evening of June 10th at Hogan Lovells to recognize the accomplishments of the PSP and Candidate graduates, teachers, and award recipients at the 2023 Annual WBCP Graduation & Awards Ceremony.

We are pleased to honor Judith Chertoff, MD, FABP, and Aimée Nover, PhD, with the Long and Distinguished Service Award, and Arthur H. Stein, MD, with the Contribution to the Mission Award.

We hope to see you there!

Member Announcements

Cheryl Collins published an article, [Parent Loss and Internalized Terrorism: Implications for Development, Transference, and Resistance](#), in *The Psychoanalytic Study of the Child*, [Volume 76 Issue 1](#).

David Cooper published a book review: Cooper, D.E. (2022). Book Review of Hirsch, Blumberg, and Watson (eds), [Psychoanalytic Perspectives on Intense Involvement in Sports](#). *Journal of the American Psychoanalytic Association*, [70](#), pp. 1230-1234.

Dorothy E. Holmes, PhD

- Was awarded the prestigious Sigourney Award - 2022 for her groundbreaking work examining race within psychoanalysis, having observed that race is an essential lens for psychoanalytic understanding.
- Chaired and released *The Holmes Commission Bulletin*, January 2023 - A summary of the key findings of the Holmes Commission on Racial Equity in American Psychoanalysis. A full report is expected in the next couple of months.

Michael Jasnow published an article *The vocal dialogue in 9/11 pregnant widows and their infants: Specificities of co-regulation* along with Beatrice Beebe, Cynthia L. Crown, Michael Jasnow, K. Mark Sossin, Marsha Kaitz, Amy Margolis, Sang Han Lee in *Infant Behavior and Development (70)* 2023.

Maurine Kelly presented with Fonya Helm, Ph.D. at their ongoing (for 7 years with an interruption during the pandemic, of course) Discussion Group at the APsA meeting. The DG title is "Altered States of Awareness" and this year they returned to the topic of our first DG in 2017, Near Death Experiences.

Kerry Malawista

- Published a book, *The Things They Wrote*: a writing/healing project. New York: Institute for Psychoanalytic Training and Research. Available on Amazon 3/15/23

- Published a novel: *Meet the Moon*, Regal House Publisher.
- Published a book review of: *Giving Hope: Conversations with Children About Illness, Death, and Loss* by Elena Lister, MD and Michael Schwartzman, PhD, with Lindsey Tate. *Journal of the American Psychoanalytic*, [71.2](#).

Christopher W. T. Miller, MD

- Was conferred the Edith Sabshin Teaching Award (for excellence in the teaching of psychoanalytic concepts to students outside of psychoanalytic training) by the American Psychoanalytic Association.
- Recently published a book on Object Relations theory and practice through the American Psychiatric Association Press - [APA - Object Relations Lens \(appi.org\)](#), geared toward beginning therapists.
- Had his manuscript on Shakespeare's *Julius Caesar*, discussing scapegoating and the extremism of group mentality, published in the Winter 2022 issue of *American Imago* - [Project MUSE - Apocalyptic Psychic Landscapes, Haunting Internal Objects, and the Murderousness of Group Dynamics in <i>Julius Caesar</i> \(jhu.edu\)](#).
- Had a column published in the Washington Post bridging neuroscience and the benefits of psychotherapy - [3 skills from psychotherapy that can change your brain - The Washington Post](#).
- Gave a Department of Psychiatry Grand Rounds at the University of Maryland School of Medicine on the topic of psychedelics, integrating clinical, neurobiological, and psychotherapeutic dimensions - [Psychiatry Grand Rounds 03-16-2023 - YouTube](#).

David Scharff published:

- Scharff, D. E. (2022) China in therapy:

How families in crisis will affect China's future. SupChina February 4, 2022. <https://thechinaproject.com/2022/02/04/china-in-therapy-how-families-in-crisis-will-affect-chinas-future/>

- Scharff D. E. and Scharff, J. S. (2022) Our Work and What the Award Means to Us: 2021 Sigourney Award Winners *Psychiatric Times*. February 8, 2022.
- Scharff, D. E. (2022) Changing family and marital structure in China: emotional strain at cultural and individual levels. *Psychoanalysis and Psychotherapy in China* 5 (1): 34-40.
- Scharff, D. E. (2023) Teaching and Learning about Children in China. *Psychoanalytic Study of the Child*. <https://doi.org/10.1080/0797308.2022.2107374>
- Scharff, D. E. (2023) Review of Workplace Intelligence: Unconscious Forces and How to Manage Them. By Anton Obholzer. New York: Routledge, 2021 *Journal of the American Psychoanalytic Association*. DOI: [10.1177/00030651231159114](https://doi.org/10.1177/00030651231159114)

Michael Slevin Co-edited the book with Beverly Stoute, The Trauma of Racism: Lessons from the Therapeutic Encounter, Oct. 2022. Available on Amazon.

Carlos Sluzki published:

- Sluzki, C. E. (2021). Prologue to De Haene, L & Rousseau, C., Eds.: *Working with Refugee Families: Trauma and Exile in Family Relationships*. Cambridge UK, Cambridge University Press.
- Sluzki CE (2022): "Another loop of the spiral: A re-examination of 18 manualized prescriptions". Chapter 2 in Mariotti M, Saba G & Stratton, P, Eds.: *Handbook of Systemic Approaches to Therapy Manuals: Integrating Research, Practice and Training*. (European Family Therapy Association Series) Cham, Switzerland, Springer

- Sluzki, CE (2022): "Les histoires bien formées: Vers l'orientation et évaluation des transformations narratives en thérapie. » (in French) *Cahiers critiques de therapie familale et de pratiques de reseaux*. 2(69):73-82
- Bigliani CG, Moguillanski R, & Sluzki CE, (2022): *Humillacion y Vergüenza: Un Dialogo entre enfoques sistemicos y psicoanaliticos*. Second edition: Buenos Aires, Glova (translation of *Shame and Humiliation: A Dialogue between Psychoanalytic and Systemic Approaches*. London, Karnak, 2013)

Richard Waugaman

- Published a book review in JAPA on a book written and edited by Peter Rudnytsky-- <https://drive.google.com/file/d/1uepLVQI2iRiiyu8zmWyZKvd8OAZ7Snys/view>
- Published a book review in JAPA on a book written by Nancy McWilliams on Supervision-- <https://drive.google.com/file/d/1dbeevqVlxYabK4mRBLEUX3N786UvaWS/view>
- Reviewed Judy Kantowitz's book on Patient-Analyst match in IJP-- <https://drive.google.com/file/d/1VLQJ5zQ4zc08aeWrLPWVOd8EQYxruSd/view>
- Published an article on Shakespeare in The Oxfordian-- <https://drive.google.com/file/d/1r3gqtfO5vflpigHln9LqR-M1pGSNsKmo/view> The full texts of his non-clinical publications are here-- <https://gufaculty360.georgetown.edu/s/contact/00336000014RkZiAAK/richard-waugaman>

Upcoming Program Announcement

The presentation featuring Beverly J. Stoute and Michael Slevin, **Coming Together When Things Are Falling Apart: Writing About Racism** has been rescheduled for **September 30, 2023**.



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