

Adult Psychoanalytic Fellowship 2026-2027

Washington Baltimore Center for Psychoanalysis

Meetings will be held 11:00 am-1:00pm live in Washington, DC.

Oct. 10, Nov. 14, and Dec. 12, 2026

Jan. 9, Feb. 13, March 13, Apr. 10, and May 8, 2027

Faculty: Patrick Cody, MSW, LCSWC and Andrew Carroll, PsyD

Presentation descriptions and learning objectives

Oct. 10, 2026 (two hours)

Learning objectives:

1. Assess the presence of internal conflict and its relation to the patient's early childhood experiences.
2. Identify the calamities of childhood and their relation to symptoms of anxiety and depression.
3. Describe how conflict can be expressed symbolically in dreams and symptoms.

Optional reading: Davison, W.T., Bristol, C. and Pray, M (1986) Turning Aggression on the Self.

A Study of the Psychoanalytic Process. Psychoanalytic Quarterly, 55, pp. 273-295

November 11, 2026 (two hours)

Learning objectives:

1. Identify and discuss the use and processing of parameters in relation to the analytic frame.
2. Discuss managing narcissistic rage and the analyst's countertransference

December 12, 2026 (two hours)

1. Explain the difference between a developmental intervention, a corrective emotional experience, and a transference interpretation.
2. Explain how the analyst as a developmental object contributes to structural change.

Optional Readings:

Miller, J.M. (2013). Developmental psychoanalysis and developmental objects. *Psychoanalytic Inquiry*, 312-322.

Elliott, C. (2020). The developmental object and therapeutic action. *Psychoanalytic Study of the Child*, 73, 109-118.

January 9, 2027

Learning objectives:

1. Describe the essential differences between a DSM diagnosis versus the kind of diagnostic process useful in psychodynamic psychotherapy and psychoanalysis.
2. Describe how transference manifestations not only inform about past relationships and life experiences but also re-create living experiences in the present.
3. Describe the role of defenses such as reaction formation and turning aggression against the self, as they appear in obsessive compulsive personality.

February 13, 2027 (two hours)

Learning objectives:

1. Integrate understanding of developmental history as it emerges in the transference.
2. Assess the presence of internal conflict and its relation to the patient's early childhood experiences.

March 13, 2027 (two hours)

Learning objectives:

1. Identify and discuss the effects of the shared experience of anxiety and uncertainty in the analytic relationship during the pandemic.
2. Discuss and identify the effects on the frame using videoconferencing in an analytic process.

April 10, 2027 (two hours)

Learning Objectives:

1. Discuss the interpersonal nature of thinking in the context of psychotherapy.
2. Describe how a patient's attacks on the capacity to think can take place during a session.

May 8, 2027 (two hours)

Learning objectives:

1. Assess the presence of internal conflict and its relation to the patient's early childhood experiences.
2. Demonstrate the capacity to listen analytically.

References

1. Dauphin, B. (2026) Beyond Institutes: Competency, Accountability, and Plural Pathways to Psychoanalytic Expertise. *International Journal of Applied Psychoanalytic Studies* 23:e7045
2. Noonan, J. (2024) Engaging Minds: Toward Developing Psychoanalytic Candidates. *Psychoanalytic Inquiry* 44:140-152

3. Royal, J. (2024) Psychoanalysis in Extension: Can the Conference as a Genre Be Properly Psychoanalytic?. *The Psychoanalytic Review* 111:303-313

There is no known commercial support for this program.

CVs available on request.

Continuing Education Information

Continuing Medical Education – This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of American Psychoanalytic Association and The Washington Baltimore Center for Psychoanalysis. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

The American Psychoanalytic Association designates this live activity for a maximum 16.0 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

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Continuing Education – Social Workers – The programs of The Washington Baltimore Center for Psychoanalysis, Inc. meet the criteria for continuing education as defined by the District of Columbia and Virginia Boards of Social Work, and the American Board of Examiners in Clinical Social Work. The Washington Baltimore Center for Psychoanalysis, Inc. designates this program as a continuing education activity for social work for 1 credit hour per hour for this activity.

The Washington Baltimore Center for Psychoanalysis, Inc. is authorized by the Board of Social Work Examiners in Maryland to sponsor social work continuing education learning activities and maintains full responsibility for this program. This training qualifies for Category 1 continuing education units.

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